



Felizberta Lo Padilla Tong School of Social Sciences

SFU  CBCC

International Conference 2024 Expanding Potential and Caring for All

8 and 9 November 2024
at Saint Francis University

11 November 2024
at Hong Kong Shue Yan University

Themes :

1. The future development of caregiving policy and practice in Hong Kong: International perspectives and local initiatives*
2. Applying data science to social sciences*
3. Voices from the informal caregivers: A global dialogue on navigating the challenges and cultivating support#

Co-Organiser of Theme 1



Supporting Organizations



Funding Bodies

Research Grants Council*
UGC/IIDS11/H02/23, UGC/IDS(R)11/21



Project code: ITBG200201

Conference Programme Booklet

Content

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GENERAL INFORMATION

Date

8-9 & 11 November 2024

Venues

8-9 November 2024

Saint Francis University

Address: 2 Chui Ling Lane, Tiu Keng Leng, New Territories, Hong Kong

Tel: +852 3702-4388

11 November 2024

Hong Kong Shue Yan University

Address: 10 Wai Tsui Crescent, Braemar Hill, Hong Kong Island, Hong Kong

Tel: +852 2570-7110

Registration

Day 1

We're excited to welcome you!

Registration will begin at 08:30, with information desks located on the G/F of Saint Francis University.

Day 2

Join us as registration opens at 09:00 on the G/F of Saint Francis University.

Day 3

Today we will meet at Hong Kong Shue Yan University, registration will start at 08:45.

Language

The official languages for the conference are English and Cantonese. Please check the details of each session in the conference schedule for language-specific information.

Certificates of Attendance

If you would like a certificate of attendance, please reach out to the conference secretariat via email within 14 working days after the conference.

Refreshment Breaks & Lunch

Light refreshments will be served outside the conference hall at designated times, giving you a chance to recharge and network. Lunch will be by invitation only.

Transportation

Getting to **Saint Francis University**:

- By MTR- Tiu Keng Leng Station Exit B (Tseung Kwan O Line)
- By bus- 694, 694S, 792M, 793, 795X, 796P, 796S, 796X, 797, 798B, 798, A29P, E22A, E22C, E22S, 290X, N290

Getting to **Hong Kong Shue Yan University**:

- Kowloon Motor Bus (KMB)
 - o 108 Kai Yip Bus Terminus
- Citybus/New World First Bus
 - o 23B Park Road / Robinson Road
 - o 25 Central (Pier 5)
 - o 25A Wan Chai (HKCEC Extension)
 - o 27 North Point Ferry Pier
 - o 85 Siu Sai Wan (Island Resort)
- Public Light Buses (Green Mini-buses)
 - o 25 Causeway Bay MTR Station
 - o 49M Tin Hau MTR Station

Free Shuttle Bus to Hong Kong Shue Yan University

On Day 3 (11 Nov), free shuttle buses will depart at the Quarry Bay MTR Station Exit C at 8:30 am.

Accommodation

For your convenience, we can provide a list of recommended hotels. We encourage you to book early to secure your stay. Please contact the Conference Secretariat for further information.

Contact Information

If you have any questions or need assistance, please do not hesitate to contact the conference secretariat at SSS@sfu.edu.hk or call us at **+852 3702-4535**.

Bad Weather Arrangement

If any of the following signals are still in effect at 6:00 AM on the event day, the morning session will be cancelled:

- Black Rainstorm Warning Signal
- Tropical Cyclone Warning No. 8 (or above)

If these signals are lifted before 11:00 AM, the afternoon session will commence at 2:00 PM.

DEAN'S WELCOME MESSAGE

The International Conference 2024: Expanding Potential and Caring for All will take place on 8, 9, and 11 November with **Mr. Chris Sun, JP, Secretary for Labour and Welfare**, as our officiating guest. We have selected three important themes for this year's international conference. Two of these themes focus on informal caregiving: "**Caregiving policy and practice in Hong Kong: International perspectives and local initiatives**" and "**Voice from the informal caregivers: A global dialogue on navigating challenges and cultivating support**". The third theme is "**Applying data science to social sciences**". The significance of these themes is self-evident, and we have invited renowned researchers to present at the three-day conference. We hope to attract participants from academia, practitioners, and service users alike.

Hong Kong Shue Yan University (HKSJU) is our esteemed partner in theme related to caregiving policy and practice and plays an important role in this conference as a co-organiser. The sessions on November 11 will be held at the HKSJU campus.

We extend our heartfelt gratitude to the Research Grants Council (RGC) for funding our research projects on caregiving and data science, which include organising international conferences. We are also thankful to our seven supporting academic institutions and NGOs, whose senior staff members are instrumental in organising this conference. This event also marks the 20th anniversary of our Felizberta Lo Padilla Tong School of Social Sciences.

This year we also celebrate the recognition of acquiring the university title: Saint Francis University (聖方濟各大學). Both milestones are the culmination of years of dedication from our devoted teachers, academic and religious leaders, colleagues, alumni, students, and various stakeholders. This conference is also the second international conference celebrating our anniversaries, the first being in 2019 during our 15th anniversary celebration. Over the past five years, we have achieved self-accreditation status for our social work programs (PAA status) in 2021. Additionally, our student population has grown from 1,100 in 2019 to 1,300 in 2024. Currently, we have over 3,500 graduates from all our programmes, with an additional 480 graduates this year alone, most of whom are from our social work programmes.

In addition to our teaching programmes, we have made significant strides in our research endeavours. Currently, we are engaged in 20 research projects in collaboration with NGOs, government bodies, and various disciplines within higher education institutions. Our research efforts are gradually clustering into several major areas:

- policies for an ageing society,
- care supports and policies,
- children, youth and families,
- mental health and addictions,
- poverty and sub-standard housing, as well as
- the application of data science in social policies and social services.

Our research funding is sourced from the RGC, the Chief Executive's Policy Unit, other Bureaux and Departments of the HKSAR Government, the Macao SAR Government, charitable foundations, NGOs, and internal research grants.

As a new university, we aspire to integrate knowledge creation, teaching, practice, and services seamlessly. Our goal is to create a platform for collaboration and knowledge advancement that expands the potential of everyone involved and fosters a caring society that prioritises the well-being of all its members.

We look forward to meeting you and sharing ideas at the upcoming international conference!

Prof Yu Cheung WONG
Dean
Felizberta Lo Padilla Tong School of Social Sciences

ORGANISING COMMITTEE

(Listed in Alphabetical Order by Surname)

20th Anniversary Organising Committee cum International Conference Organising Committee

Chairperson:

Prof WONG Yu Cheung, Saint Francis University

Members:

Ms Phoebe CHAN, St. James' Settlement

Prof Dah Ming CHIU, Saint Francis University

Dr Esther Yin Nei CHO, Saint Francis University

Prof Alice Ming Lin CHONG, Saint Francis University

Mr Samson Sik Yan CHOW, Saint Francis University

Prof Amy Yin Man CHOW, The University of Hong Kong

Dr Cheong Hay CHU, Saint Francis University

Dr Ka Yi FUNG, Saint Francis University

Ms Justyna KWOK, The Hong Kong Society for the Aged

Mr Billie LAU, The Boys' & Girls Clubs Association of Hong Kong

Mr Kevin LAU, Caritas Social Work Services

Ms Ivy LEUNG, Christian Family Service Centre

Dr Sally Ka Wing LO, Saint Francis University

Dr Stephanie SZETO, Saint Francis University

Prof Siu Ming TO, The Chinese University of Hong Kong

Prof Ming Sum TSUI, Saint Francis University

Ms Annis Wai Chong WONG, Saint Francis University

Mr Augustine Siu Po YU, Saint Francis University

International Conference Internal Work Group

Chairperson:

Dr Esther Yin Nei CHO, Saint Francis University

Members:

Prof Dah Ming CHIU, Saint Francis University

Prof Alice Ming Lin CHONG, Saint Francis University

Dr Steve Fu Fai FONG, Hong Kong Shue Yan University

Dr Ka Yi FUNG, Saint Francis University

Dr Sally Ka Wing LO, Saint Francis University

Prof Ming Sum TSUI, Saint Francis University

Prof Yu Cheung WONG, Saint Francis University

***“The Future Development of Caregiving Policy and Practice in Hong Kong:
International Perspectives and Local Initiatives” (Theme 1)
IIDS Conference Organising Committee***

Chairperson:

Prof Alice Ming Lin CHONG, Saint Francis University

Members:

Prof Esther Oi Wah CHOW, Hong Kong Shue Yan University

Dr Steve Fu Fai FONG, Hong Kong Shue Yan University

Dr Josephine Wing Fun FUNG, Hong Kong Shue Yan University

Dr Sally Ka Wing LO, Saint Francis University

Mr Louie Kong Sang LOU, Saint Francis University

CONFERENCE SCHEDULE

(Updated on 7 November 2024)

Day 1

8 November 2024 (Friday)

Saint Francis University – Lecture Hall A103

To be conducted in English

09:00 – 09:20

Opening ceremony

Welcoming remarks

Prof Yu Cheung WONG

Dean cum Professor

Felizberta Lo Padilla Tong School of Social Sciences

Saint Francis University

Opening address

Prof Tit Wing LO

Acting President

Saint Francis University

Officiating address

Mr Chris SUN, JP

Secretary for Labour and Welfare

HKSAR Government

THEME 1 –
The future development of caregiving policy and practice in Hong Kong:
International perspectives and local initiatives (Part 1)

Part 1

09:20–10:50

Keynote speech 1

Policy development in supporting caregivers in the global greying society

Prof Iris CHI

Professor Emeritus of Social Work
University of Southern California, USA

Keynote speech 2

Policy and practice in supporting informal caregivers of people with intellectual disabilities in Canada

Prof Tim STANTON

Emeritus Professor, School of Social Work
Co-Director, Canadian Institute for Inclusion and Citizenship
The University of British Columbia, Canada

Keynote speech 3

Caregiving policy and practice in Singapore

Dr Carol Hok Ka MA

Associate Professor
Head, Gerontology Programmes
Senior Fellow (Experiential Learning)
Singapore University of Social Sciences

10:50-11:20

Tea Break

11:20-12:45

Keynote speech 4

Caregiving policy and practice in Hong Kong

Prof Alice Ming Lin CHONG

Research Professor
Felizberta Lo Padilla Tong School of Social Sciences
Saint Francis University

Panel Discussion

Caregiver support in Hong Kong: Inspirations from international experiences

Moderator

Dr Steve Fu Fai FONG

Head

Department of Social Work

Hong Kong Shue Yan University

Panelists

Prof Iris CHI

Professor Emeritus of Social Work

University of Southern California, USA

Dr Carol Hok Ka MA

Associate Professor

Head, Gerontology Programmes

Senior Fellow (Experiential Learning)

Singapore University of Social Sciences

Prof Tim STANTON

Emeritus Professor, School of Social Work

Co-Director, Canadian Institute for Inclusion and Citizenship

The University of British Columbia, Canada

Prof Alice Ming Lin CHONG

Research Professor

Felizberta Lo Padilla Tong School of Social Sciences

Saint Francis University

Prof Lisa Pau Le LOW

Professor cum Associate Dean (Research)

School of Health Sciences

Saint Francis University

12:45 – 14:15 **Lunch break**

THEME 2- Applying data science to social sciences

14:15 – 18:00

Theme 2

Keynote speech 5

Societal computing – Computing of and for society

Prof Ingmar WEBER

Alexander von Humboldt Professor for AI
Saarland University, Germany

Invited talks

Improving engagement experiences with youth at risk: A text-based emotional support system

Prof Paul YIP

Chair Professor (Population Health)
Department of Social Work and Social Administration
The University of Hong Kong

ICT and data science for social good

Prof Reynold CHENG

Head and Professor
Department of Computer Science
The University of Hong Kong

Out of the (tool)box: Large language models as research tools and subjects

Prof Muzhi ZHOU

Assistant Professor
Urban Governance and Design Thrust
The Hong Kong University of Science and Technology (Guangzhou)

Tea break and poster presentation

Panel discussion

Experiences of inter-disciplinary research in computational social science

Moderator

Dr Will Wai Yin NG

Senior Research Fellow
Data Science Research Centre
Saint Francis University

Panelists (Listed in alphabetical order by surname)

Prof Dah Ming CHIU

Research Professor, School of Computing and Information Sciences
Research Professor, School of Social Sciences
Director, Data Science Research Centre
Saint Francis University

Dr Jiwei QIAN

Senior Research Fellow
East Asian Institute
National University of Singapore

Prof Ingmar WEBER

Alexander von Humboldt Professor for AI
Saarland University, Germany

Prof Yu Cheung WONG

Dean cum Professor
Felizberta Lo Padilla Tong School of Social Sciences
Saint Francis University

Day 2

9 November 2024 (Saturday)

Saint Francis University – Lecture Hall A103

To be conducted in English

THEME 3-
Voices from the informal caregivers:
A global dialogue on navigating the challenges and cultivating support

09:30-11:00
(HK Time)

Theme 3

17:30 – 19:00
8 November

(Vancouver time)

Keynote speech 6

The global phenomenon and power of informal caregiving: Implications for social work

Prof Patrick O'LEARY

Professor

School of Health Sciences and Social Work - Human Services and Social Work

Griffith University, Australia

Panel discussion

Moderator

Prof Ming Sum TSUI

Professor

Felizberta Lo Padilla Tong School of Social Sciences

Saint Francis University

Panelists (Listed in alphabetical order by surname)

Dr Joe LIANG

Senior Lecturer

School of Health Sciences and Social Work - Human Services and Social Work

Griffith University, Australia

Dr Sally Ka Wing LO

Research Assistant Professor

Felizberta Lo Padilla Tong School of Social Sciences

Saint Francis University

Ms Karen Lok Yi WONG (participate via Zoom)
PhD candidate and sessional lecturer
School of Social Work
The University of British Columbia, Canada

Prof Miu Chung YAN (participate via Zoom)
Professor
School of Social Work
The University of British Columbia, Canada

11:00-11:15 **Tea break**

THEME 1 –
The future development of caregiving policy and practice in Hong Kong:
International perspectives and local initiatives (Part 2)

11:15–12:55

Invited talks

Series 1- Inter-disciplinary and trans-sectoral collaborating in caregiving

Design and use of mobile apps in caregiver support

Prof Iris CHI

Professor Emeritus of Social Work
University of Southern California, USA

Age+ Living Lab: Joint initiatives with caregivers to promote ageing in place in Singapore

Dr Carol Hok Ka MA

Associate Professor
Head, Gerontology Programmes
Senior Fellow (Experiential Learning)
Singapore University of Social Sciences

Families as employers using individualised funding

Prof Tim STAINTON

Emeritus Professor, School of Social Work
Co-Director, Canadian Institute for Inclusion and Citizenship
The University of British Columbia, Canada

Elevate caregiving: Harnessing I&T to empower

Dr Donna BROWN

Associate Director, Engagement

Hong Kong Science and Technology Parks Corporation

Caregiver Support Model 2.0– Train-the-trainer model

Prof Ben Kin Kit LI*

Associate Professor

Department of Social and Behavioural Sciences

City University of Hong Kong

Prof Alice Ming Lin CHONG

Saint Francis University

Prof Dannii YEUNG

City University of Hong Kong

Prof Tit-Wing LO

Saint Francis University

13:00 – 14:15 **Lunch break**

14:15 – 14:55 **Invited talks**

Series 2- Equipping caregivers of the next generation: Impactful research and teaching curriculum

Welcome address

Prof Alice Ming Lin CHONG

Research Professor

Felizberta Lo Padilla Tong School of Social Sciences

Saint Francis University

Current trends and challenges in caregiving research

Prof Iris CHI

Professor Emeritus of Social Work

University of Southern California, USA

14:55 – 15:10 **Tea break**

15:10– 17:00

Parallel sessions (To be conducted in English)

Parallel session 1
Impactful research in caregiving
(Room A319)

Moderator
Dr Bobo Hi Bo LAU
Associate Professor
Department of Counseling and
Psychology
Hong Kong Shue Yan University

***The impact of the Namaste Care™
programme in spiritual end-of-life
care service for families and staff in
Hong Kong: A pilot study***

Ms Vennus Yuen Wai HO*
The Hong Kong Chinese Christian
Churches Union Kwong Yum Care
Home
(Integrated Aged Care Service)

Ms Peony YUEN
Vera Ruttonjee Desai Spiritual End-of-
Life Care Centre

***Using Generative-AI to support carer
telephone support services:
Preliminary findings***

Dr Ka Yi FUNG*
Assistant Professor
Felizberta Lo Padilla Tong School of
Social Sciences

Parallel session 2
Practical approaches to education on
informal caregiving
(Room A311)

Moderator
Dr Raymond Chi Fai CHUI
Associate Professor
Department of Social Work
Hong Kong Shue Yan University

***Innovative education for future health
and social care leaders: Integrating
policy, practice, and real-world
experience***

Dr Florence FONG
Deputy Director and Senior Lecturer
Asia Pacific Institute of Ageing Studies
Lingnan University

***Incorporating informal caregiving in
curriculum of health care professionals***

Dr Tiffany Ching Man CHOI
Associate Professor of Practice cum
Deputy Programme Leader of BSc
Physiotherapy
Saint Francis University

***When children with intellectual
disabilities grow up, parents’
expectations and worries***

Parallel session 3
Roundtable on research idea incubation
(Room A312)

Moderator
Prof Alice Ming Lin CHONG
Professor
Felizberta Lo Padilla Tong School of Social
Sciences
Saint Francis University
[by invitation only]

Dr Wai Tak WONG

Data Scientist
Data Science Research Centre for
Social Policies and Services

Dr Doris Yuen Hung FOK

Assistant Professor
Felizberta Lo Padilla Tong School of
Social Sciences
Saint Francis University

***Digital competence, caregiving self-
efficacy, and social
connectedness among informal
carers of hospitalised patients***

Dr Ben Chi Pun LIU

Dr Dion Sik Yee LEUNG

Centre for Social Work Research and
Practice
Hong Kong Shue Yan University

***Building a carer and dementia friendly
community: The impact of the
“Dementia Hand in Hand” project***

Mr Ka Hin LEUNG

District Service Manager (Tsuen Kwai
Tsing District)
Baptist Oi Kwan Social Service

Dr Kitty Yuen Han MO

Associate Professor
Department of Social Work
Hong Kong Shue Yan University

***Unveiling stress coping in the resilience
journey of caregivers of children with
special educational needs through
Photovoice in Hong Kong***

Dr Sandrine Man Chi CHUNG

Assistant Professor
Department of Social Work
Hong Kong Shue Yan University

17:00-17:30

Round-up session (Room A319)

Moderator

Dr Sally Ka Wing LO

Research Assistant Professor
Felizberta Lo Padilla Tong School of Social Sciences
Saint Francis University

Day 3

11 November 2024 (Monday)

Hong Kong Shue Yan University- Mrs Dorothy Koo and Dr Ti Hua Koo Plaza

To be conducted in Cantonese

**The future development of caregiving policy and practice in Hong Kong:
International perspectives and local initiatives
香港的照顧政策和實務發展：國際視野和本地措施研討會**

09:20 – 09:40

Welcoming remarks

Prof Catherine SUN

Senior Vice President

Hong Kong Shue Yan University

Mr Herman Chung Shing HUI, GBS, MH, JP

Chairperson

Social Workers Registration Board

Ms Jenny Lai Ming YAN

Assistant Director (Elderly)

Social Welfare Department

HKSAR Government

09:40 – 10:50

Invited talks

Series 3- Addressing the needs of carers: Assessment, information provision, and response

Carer-centric need assessment

Prof Vivian LOU

Director

Sau Po Centre on Ageing

The University of Hong Kong

Informational gateway for carers: Review and forward

Dr Steve Fu Fai FONG

Head

Department of Social Work

Hong Kong Shue Yan University

Carers' needs

Ms Janice Wing Lam NG

Team Leader

Carers Hotline 182183

Tung Wah Group of Hospitals

10:50 – 11:30

Invited talks

Series 4- Emerging intervention approaches to support the carers: From the children to the older adults

Social work service for pre-primary institutions

Ms Hoi Ching LAU

Service supervisor

The Church of United Brethren in Christ Social Service Division

Empowering caregivers: An Estate-based Support Model in Hong Kong public rental housing

Dr Carmen NG

Social and Elderly Wellness Director

Hong Kong Housing Society

11:30-11:50 **Tea break**

11:50-13:00 **Panel discussion**

Supporting the carers: Policy, research and practice

Moderator

Dr Steve Fu Fai FONG

Head

Department of Social Work

Hong Kong Shue Yan University

Panelists (Listed in Alphabetical Order by Surname)

Hon Stanley Sai Wing LI, MH, JP

Member
Legislative Council

Mr Horace LIT

Member of Elderly Commission;
Executive Manager, Charities (Positive Ageing & Elderly Care; and Healthy Community)
The Hong Kong Jockey Club

Prof Vivian LOU

Director
Sau Po Centre on Ageing
The University of Hong Kong

Mr Joe Chen Yang LOW

Head of Community Services
Tung Wah Group of Hospitals

Mr Kin Man NG

1st Convenor
Carer EPS Platform

13:00 – 14:15 **Lunch**

14:15 – 16:15

Parallel sessions

Parallel session 1
Clinical practice for carers of children and students with special needs

(Main Building Room 115)

Parallel session 2
Clinical practice for carers of adults with disability and chronic conditions

(Main Building Room 201)

Parallel session 3
Clinical practice for carers of older adults

(Mrs Dorothy Koo and Dr Ti Hua Koo Plaza)

Parallel session 4
Clinical practice for carers of persons in recovery

(Library Complex 601)

Moderator
Dr Kitty Yuen Han MO
Associate Professor
Department of Social Work
Hong Kong Shue Yan
University

Moderator
Dr Josephine Wing Fun FUNG
Senior Lecturer
Department of Social Work
Hong Kong Shue Yan University

Moderator
Prof Alice Ming Lin CHONG
Research Professor
Felizberta Lo Padilla Tong
School of Social Sciences
Saint Francis University

Moderator
Dr Cheung Tim FUNG
Former Director
Richmond Fellowship of Hong
Kong

***Support services for
caregivers of preschoolers
and students with SENs***

Ms Sandra Fung Chi NG
Regional Manager
Heep Hong Society

***Sharing from designated
team for special school
leavers of District Support
Centre for persons with
disabilities***

Mr Cheuk Hong WONG
Clinical Supervisor
Christian Family Service
Centre

Amazing Start (AS@BGCA)

Ms Kelly CHUNG
Supervisor
Special Project & Small
Group Home
The Boys' & Girls' Clubs
Association of Hong Kong

***Person-centred and
comprehensive support for
cancer patients and their
families***

Ms Ka Ki WONG
Project Director
Hong Kong Anti-Cancer Society

***Service sharing on creating
“Me Time” for caregivers
of people with intellectual
disabilities***

Ms Lai Man WU
Service Director
Mr Chung Man SHUM
Assistant Service Director
Hong Kong Lutheran Social
Service, LC-HKS

***Current situation and
challenges of caregiver
services in supporting chronic
illnesses patients***

Ms Man Chi LAW
Senior Manager (Rehabilitation)
Hong Kong Society for
Rehabilitation

***Ageing business roundtable:
Age-friendly human
resources framework***

Dr Carol Hok Ka MA
Associate Professor
Head, Gerontology
Programmes
Senior Fellow (Experiential
Learning)
Singapore University of Social
Sciences

***A pilot study on a carer's
needs-oriented intervention
on the caregiving self-efficacy
of informal carers of
community-dwelling older
people with life-limiting
illnesses***

Ms Chun Miu LAI
Division Head
Yang Memorial Methodist
Social Service

***Sharing on the operational
experience of the Jockey Club
Carer Space***

***Experience sharing -
implementation of “Family
Fan” Training and support
services scheme***

Ms Laelia Man Ting CHENG
Office-in-charge
New Life Psychiatric
Rehabilitation Association

***Experience sharing of support
service for the caregivers of
PIR***

Mr Ivan Chi Wah NG
Chief Officer (Service)
The Mental Health Association
of Hong Kong

***Practical carer work and
inspiration in mental
recovery***

Ms Eunice Tsz Ying LEE
Centre-in-charge
Resource and Service Centre
for Relatives of
Ex-Mentally Ill People
Baptist Oi Kwan Social Service

Microboards: A planning-a-support approach to expand networks

Prof Tim STANTON

Emeritus Professor, School of Social Work
Co-Director, Canadian Institute for Inclusion and Citizenship
The University of British Columbia, Canada

Past present future? Carer support service of persons with physical disabilities in Hong Kong

Ms Karen Kin Wah LUNG

Deputy Head (Community Support Service)
SAHK

Ms Mo King HON

Chief Officer
Aged Care and Community Health Service
Hong Kong Young Women's Christian Association

Smart homecare solution: From now to the future

Ms Doris Ka Yee YEUNG

Project Manager
Evangelical Lutheran Church Social Service

Walk with carers: Facilitating persons in mental recovery's transition by medical-social collaboration

Mr Eric Kin Kuen CHAN

Project Manager
SideBySide

16:30-17:30

Round-up session

Prof Esther Oi Wah CHOW

Professor
Department of Social Work
Hong Kong Shue Yan University

OPENING CEREMONY

Welcoming remarks

Prof Yu Cheung WONG

Dean cum Professor
Felizberta Lo Padilla Tong School of Social Sciences
Saint Francis University

Opening address

Prof Tit Wing LO

Acting President
Saint Francis University

Officiating address

Mr Chris SUN, JP

Secretary for Labour and Welfare
HKSAR Government

WELCOMING REMARKS AT HONG KONG SHUE YAN UNIVERSITY

Prof Catherine SUN

Senior Vice President
Hong Kong Shue Yan University

Mr Herman Chung Shing HUI, GBS, MH, JP

Chairperson
Social Workers Registration Board

Ms Jenny Lai Ming YAN

Assistant Director (Elderly)
Social Welfare Department
HKSAR Government

PRESENTATION ABSTRACTS

THEME 1-

The future development of caregiving policy and practice: International perspectives and local initiatives (Part 1)

Lecture Hall A103, Saint Francis University
To be conducted in English

The session aims to advance policy formulation, research, teaching and learning, as well as service development in support of informal caregivers of frail elders and persons with disabilities in Hong Kong. Overseas experts will present caregiver policies and practices in their countries or in the global context. A roundtable discussion will follow to discuss how the overseas experience can be applied to Hong Kong's caregiver support.

Keynote speech 1

Policy development of caregivers support in the global aging society

Prof Iris CHI

Professor Emeritus of Social Work
University of Southern California

Abstract

As the global population ages, the increasing demand for caregivers presents significant challenges. Caregivers' well-being is crucial for both the quality of care and the sustainability of healthcare systems. Some regions with ageing populations have implemented support policies, including income security, health and social support, and access to information and education. Given the complexity of policy development, this presentation aims at reviewing the key international studies on caregiving policies and their social impact on caregivers, guided by the priorities outlined in the Global State of Caring report from the International Alliance of Carer Organizations. In summary, no comprehensive global policy exists, regional policies vary by culture and healthcare systems, and knowledge of best practices remains limited. Although existing initiatives may assist caregivers to some extent, they predominantly focus on facilitating care provision rather than promoting caregivers' well-being and flourishing.

Keynote speech 2

Policy and practice in supporting informal caregivers of people with intellectual disabilities in Canada

Prof Tim STAINTON

Emeritus Professor, School of Social Work
Co-Director, Canadian Institute for Inclusion and Citizenship
University of British Columbia

Abstract

This presentation will provide an overview of Canadian policies and practices related to informal caregivers of persons with intellectual and other disabilities. In Canada, social services are a provincial responsibility and as such policies with vary across all 13 Canadian Jurisdictions. We will briefly review the limited federal benefits available which are exclusively financial. We will then consider provincial benefits with a primary focus on British Columbia with some reference to other Provinces with unique policies. Unlike federal supports, the main caregiver supports provincially focus on respite rather than financial supports. We will consider both child and adult benefits. Lastly, we will consider non-governmental supports which play a significant role in supporting caregivers in Canada.

Keynote speech 3 ***Caregiving policy and practice in Singapore***

Dr Carol Hok Ka MA

Associate Professor

Head, Gerontology Programmes

Senior Fellow (Experiential Learning)

Singapore University of Social Sciences

Abstract

By 2026, Singapore is projected to become a super-aged society, with 21% of its population aged 65 and older. The rapid ageing of the population has elevated caregiving support to a critical policy priority. In response, the Singapore government has introduced a range of initiatives aimed at promoting healthy ageing, including the Successful Ageing Plan on Ageing, Healthier SG, Age Well SG, and Forward Singapore. Additionally, a comprehensive suite of caregiving policies has been developed, addressing key areas such as workplace support, care navigation, financial assistance, respite services, and the empowerment and training of caregivers.

To foster evidence-based solutions, the government actively promotes collaboration between academia and industry to generate innovative research and develop an integrated caregiving ecosystem. This paper also explores community-driven initiatives and the pivotal role caregivers play in enhancing caregiving practices. Further discussions on caregiving policies and practices will be conducted during the presentation.

Keynote speech 4 ***Caregiving policy & practice in Hong Kong***

Prof Alice Ming Lin CHONG

Research Professor

Felizberta Lo Padilla Tong School of Social Sciences

Saint Francis University

Abstract

This presentation will provide an overview of policies and practices related to support to informal caregivers of frail older people and persons with disabilities in Hong Kong. We will highlight the recommendations of the Consultancy Study on Caregiver Support and review the degree of adoption of the recommendations by the government. We will also examine the responses and initiatives undertaken by the welfare sector and the charity foundations towards caregiver support. Lastly, we will identify service gaps and propose some directions for future development of caregiver support.

THEME 2-

Applying data science to social sciences

Lecture Hall A103, Saint Francis University
To be conducted in English

Social science has always made good use of data to explain interesting social phenomena and make the case for social policy recommendations. As we move into the digitalised age, all kinds of data and computer algorithms have become more and more available and applied in all kinds of scenarios, in particular, various business operations. How has this wave of new-born data science benefited social policies and services? How has data science evolved, both methodologically and culturally? What are the new problems and areas in social science worth applying data science to? These are some of the questions we will explore with our invited speakers and panellists in this session.

Keynote speech 5 *Societal computing – Computing of and for society*

Prof Ingmar WEBER

Alexander von Humboldt Professor in AI
Saarland University

Abstract

Over the past 15 years, the number of academic papers discussing “Computational Social Science” (CSS) has steadily increased from 34 papers using this term in their title in 2009-2010, to 80 in 2019-2020, to 103 in 2022-2023, based on Google Scholar. Over the same time, many courses and even complete study programs have sprung up at top-tier universities. Despite this, CSS has not yet lived up to its potential as it still remains largely purely academic. Put differently, great efforts have been made on the computing *_of_* society, i.e. using non-traditional data sources, such as social media, to study societal phenomena. However, what is largely absent are honest efforts to go beyond this towards computing *_for_* society, i.e. working with partners to put insights into action and to support social development. I refer to this evolution of CSS, i.e. the combination of computing of and for society, as Societal Computing. In this talk, I’ll give an overview of some of our past Societal Computing work where we had a real-world impact, in particular in humanitarian contexts. I’ll close by zooming out and reflecting on various structural challenges that come with working in this interdisciplinary domain.

Invited talks

Improving engagement experiences with youth at risk: A text-based emotional support system

Prof Paul YIP

Chair Professor (Population Health)
Department of Social Work and Social Administration
The University of Hong Kong

Abstract

Openup is a 24-hour text-based emotional support system, and it aims to provide an online and offline support system to youth at risk. In this talk, we shall highlight how to make use of big data analytics in the engagement experiences with the youth at risk, including risk classification, good practice modelling and service efficiency.

ICT and data science for social good

Prof Reynold CHENG

Head and Professor
Department of Computer Science
The University of Hong Kong

Abstract

In this talk, I will discuss how we employ Information and Communication Technologies (ICTs) and data science to enhance service quality of family care centres in the Hong Kong Jockey Club SMART Family-Link Project. First, I will present i-Connect, a large-scale, cloud-based, and secure software platform that streamlines administrative work of social workers in all NGO-based family care centres. The i-Connect system offers a user-friendly interface, as well as complex workflow and service boundary functions for family care centre supervisors and frontline social workers. I will further discuss the Data Analysis System (DAS), which provides software tools tailor-made for professional family care users to analyse data collected from i-Connect and other open data sources. By integrating these various data sources systematically, users can extract important insights about family care problems interesting to their centres and Hong Kong SAR. DAS also features a state-of-the-art AI-based system that allows users to formulate family-care-related questions conveniently in natural languages. Finally, I will briefly share how my HKU STAR (Social Technology and Research) Lab engages in “data science for social goods”, using data science technologies to support volunteering and elderly services.

Out of the (tool)box: Large language models as research tools and subjects

Prof Muzhi ZHOU

Assistant Professor

Urban Governance and Design Thrust

The Hong Kong University of Science and Technology (Guangzhou)

Abstract

The advent of large language models has prompted scholars to rethink our approaches to data labelling. Moreover, some researchers are exploring ways to leverage these models, suggesting that role-playing language agents could effectively simulate human actors in diverse scenarios. In this talk, I will present specific studies that highlight how we can utilise large language models not only as powerful research tools but also as significant subjects of study themselves. This talk will uncover the transformative potential of these models as well as related challenges in enhancing our understanding about the “society”.

Panel discussion

Experiences of inter-disciplinary research in computational social science

Panel speakers will have different backgrounds, with experiences in such collaboration. They can share the cultural differences between these two backgrounds, good experiences and challenges, and how best to do such interdisciplinary research, taking advantage of each other’s strengths.

Moderator

Dr Will Wai Yin NG

Senior Research Fellow

Data Science Research Centre

Saint Francis University

Panelists

(Listed in Alphabetical Order by Surname)

Prof Dah Ming CHIU

Research Professor, School of Computing and Information Sciences

Research Professor, School of Social Sciences

Director, Data Science Research Centre

Saint Francis University

Dr Jiwei QIAN

Senior Research Fellow

East Asian Institute

National University of Singapore

Prof Ingmar WEBER

Alexander von Humboldt Professor in AI
Saarland University, Germany

Prof Yu Cheung WONG

Dean cum Professor
Felizberta Lo Padilla Tong School of Social Sciences
Saint Francis University

THEME 3-

Voices from the informal caregivers: A global dialogue on navigating the challenges and cultivating support

Lecture hall A103, Saint Francis University
To be conducted in English

Time: Hong Kong 09:30 – 11:00 (9 November, Saturday, HK Time)
Vancouver 17:30 – 19:00 (8 November, Friday, Vancouver Time)

Keynote speech 6

The global phenomenon and power of informal caregiving: Implications for social work

Prof Patrick O'LEARY

Professor

School of Health Sciences and Social Work - Human Services and Social Work
Griffith University, Australia

Abstract

Every human society has informal caregiving it is the bedrock of family and community functioning. It is always occurring whether the time is peace and harmony, as well as in times of public crises, disasters, war, and oppression. The resilience of informal caring is that it outlasts governments and transcends generations. Informal carers are by their very nature often invisible and tireless, they may even go about their care not fully realising the significance and essential nature of their work. Yet increasingly in times of changing demographics, economic pressures and social dislocation, this system is stressed and vulnerable. At the same time, the demand for unpaid support is increasing as many states have diminished funding for social support services. Often the caregiver demands fall unequally on women, families, and communities who have multiple and often compounding issues of disadvantage, trauma, and discrimination.

Social work stands in an important yet complex position to be activists lobbying for better state resourcing of social support services while also providing fundamental advocacy and support to caregivers. Facing this situation, there is a need for a paradigm shift, to better understand the value of the diverse range of informal caregiving but also how it can be better part of formal care and social support services and structures. To fully understand this the lived experience of caregivers and their recipients needs to be heard and responded to. In this presentation some concepts for supporting this paradigm shift will be explored. This requires an understanding of the dynamic complex intersectional considerations that involve informal caregiving. The presentation concludes by examining the unique position of social workers to strengthen the status and support of caregivers while preserving their intangible value to improving the lives of their loved ones. At the same time, social work must work with formal systems of support to be resourced appropriately to fulfil its duty to care recipients, caregivers, their families and communities.

Roundtable Discussion

Building on the insights from the keynote speech, the roundtable discussion will go further into the common needs and help-seeking patterns of informal carers across different regions, with a focus on the Chinese people in Vancouver, Brisbane, and Hong Kong. The panelists conducting a cross-regional study on informal caregiving will share their findings and perspectives on the key challenges informal carers face and how they navigate and utilise community services and support systems.

The discussion will explore the similarities and differences in the experiences of informal carers in diverse cultural and socioeconomic contexts through an interactive dialogue. The panelists will also examine the implications of their research for developing more comprehensive and accessible support frameworks to empower informal carers in their care planning. Participants will have the opportunity to engage directly with the panelists, asking questions and sharing their insights on the complex realities of informal caregiving. This roundtable session is designed to provide a platform for meaningful exchange, fostering an understanding of the global nature of this critical social issue.

Moderator

Prof Ming Sum TSUI

Professor

Felizberta Lo Padilla Tong School of Social Sciences

Saint Francis University

Panelists (Listed in Alphabetical Order by Surname)

Dr Joe LIANG

Senior Lecturer

School of Health Sciences and Social Work - Human Services and Social Work

Griffith University, Australia

Dr Sally Ka Wing LO

Research Assistant Professor

Felizberta Lo Padilla Tong School of Social Sciences

Saint Francis University

Ms Karen Lok Yi WONG (participate via Zoom)

PhD candidate and sessional lecturer

School of Social Work

The University of British Columbia, Canada

Prof Miu Chung YAN (participate via Zoom)

Professor

School of Social Work

The University of British Columbia, Canada

THEME 1 (Part 2)

Invited talks- Series 1

Inter-disciplinary and trans-sectoral collaborating in caregiving

Lecture hall A103, Saint Francis University
To be conducted In English

The design and use of mobile applications in caregiving support

Prof Iris CHI

Professor Emeritus of Social Work
University of Southern California

Abstract

The well-being of caregivers is critical to sustaining an economically viable healthcare system for our aging society. Technology has emerged as one of the key solutions, helping caregivers manage both their loved ones' needs and their own well-being. According to several studies, caregivers show a moderate to high level of receptiveness to using mobile health (mHealth) applications (apps) for caregiving support. Consequently, the development of mHealth apps has grown, offering various resources for caregivers. However, most mHealth apps primarily focus on providing easier access to caregiving resources, with only a few incorporating self-care functions such as app-based support groups, stress trackers, and health maintenance advice. Additionally, many apps lack a theoretical framework to guide their development, and there is still limited evidence regarding their effectiveness in improving caregivers' health outcomes. This presentation will introduce an integrative body-mind-spirit health model designed specifically for the East Asian caregivers, alongside a user-centered mHealth app design process.

Age+ Living Lab: Joint initiatives with caregivers to promote ageing in place in Singapore

Dr Carol Hok Ka MA

Associate Professor
Head, Gerontology Programmes
Senior Fellow (Experiential Learning)
Singapore University of Social Sciences

Abstract

The Age+ Living Lab is Singapore's first community-based living lab dedicated to promoting aging-in-place through the integration of gerontology and assistive technology. It serves as a collaborative space where seniors, caregivers, community partners, and solution providers can exchange knowledge and co-create innovative solutions to address the evolving needs of Singapore's aging population. The Living Lab is led by the Gerontology Programme at the Singapore University of Social Sciences (SUSS), in partnership with a

caregiver resource center operated by SG Assist. This initiative aligns with national efforts such as Age Well SG and Healthier SG, as well as the World Health Organization's Healthy Ageing initiative, which aims to promote environments that enhance intrinsic capacity and functional ability in older adults.

The Age+ Living Lab also functions as a platform for experiential learning, offering tours and activities that allow seniors, caregivers, and the public to explore the role of assisted living technologies in supporting caregiving. Through joint efforts, the research team has identified key strategies to support caregivers and older adults throughout the caregiving journey, culminating in the development of the "6 As Framework" to guide the selection of appropriate products for aging-in-place.

Families as employers using individualized funding

Prof Tim STAINTON

Emeritus Professor, School of Social Work
Co-Director, Canadian Institute for Inclusion and Citizenship
University of British Columbia

Abstract

Individualised funding, or more broadly, self-directed supports, are increasingly the preferred means of supporting individuals with disabilities. For people with intellectual disabilities, this commonly means the families directly employ or control the support workers engaged to support their child with a disability. Drawing on a number of recent studies undertaken by the Canadian Institute for Inclusion and Citizenship and the presenter, this talk will explore what individualised funding is, how it is being used in various jurisdictions and, how this is impacting family caregivers. Finally, we will briefly consider the pros and cons of individualised funding for future policy and practice.

Elevate caregiving: Harnessing I&T to empower

Dr Donna BROWN

Associate Director, Engagement
Hong Kong Science and Technology Parks Corporation

Abstract

Dr. Brown, representing the Hong Kong Science and Technology Parks Corporation (HKSTP), will explore the pivotal role of innovation and technology in enhancing caregiving. With the United Nations predicting that by 2050 Hong Kong will have the world's oldest population, the focus will be on addressing the challenges posed by an ageing demographic. These challenges include staffing shortages in the elderly care sector, chronic diseases, swallowing difficulties, safety, cognitive problems and loneliness in elderly living, all of which can be mitigated through technological solutions.

With over 2,000 tech companies under HKSTP, including more than 70 specialising in Gerontechnology, HKSTP has formed a dedicated team to support the development of technology for elderly and rehabilitation care. Dr.

Brown will share various use cases and testimonials demonstrating successful technology adoption in care services, such as fall risk management tools, cognitive support, and soft meals implemented by NGOs and caregivers. This highlights the effectiveness of innovative solutions in transforming elderly and rehabilitation care.

Emphasizing cross-sector collaboration, Dr. Brown will share HKSTP's initiatives designed to support the development and adoption of innovation and technology in the caregiving. These include the establishment of a dedicated Gerontech hub, testbeds, consultancy services, industry engagement and service talents training programs. Such efforts aim to foster technology adoption in elderly care and social welfare, ensuring that caregiving is well-supported to meet the evolving needs of Hong Kong's aging population.

Caregiver Support Model 2.0 – Train-the-trainer model

Prof Ben Kin Kit LI*

Associate Professor
Department of Social and Behavioural Sciences
City University of Hong Kong

Prof Alice Ming Lin CHONG

Saint Francis University

Prof Dannii YEUNG

City University of Hong Kong

Prof Tit-Wing LO

Saint Francis University

Abstract

BACKGROUND: The Caregiver Support Model (CSM), incorporating the Caregiver Needs Assessment (CNA), is a validated case management model. To enhance its impact, a train-the-trainer model was used to equip social workers in Hong Kong to implement the CSM protocol. The training package includes 15 hours of basic training, a 3-month practicum with monthly supervision, and bi-monthly practice-circle sessions.

METHOD: Forty-five social workers from nine NGOs participated, completing an online assessment regarding their perceptions, confidence, and willingness to recommend CSM before and after the basic training.

FINDINGS & DISCUSSION: The results indicated significant improvements in various areas: perceived attractiveness ($d=1.14$), perceived limitations ($d=0.58$), willingness to implement ($d=0.46$), implementation confidence ($d=0.51$), and willingness to recommend CSM to others ($d=0.43$). These findings suggest the training was successful. Further data at the end of the project will determine if social workers are willing and able to further disseminate CSM.

THEME 1 (Part 2)

Invited talks- Series 2

Equipping caregivers of the next generation: Impactful research and teaching curriculum

Lecture Hall A103, Saint Francis University
To be conducted in Cantonese

This session aims to explore and discuss the latest impactful research on caregiving; as well as educational strategies for incorporating informal caregiving concepts into curricula across various educational levels, including primary school, secondary school, university, and professional training programs (e.g., nursing and social work). The workshop will provide a platform for researchers and educators to share their ideas, receive feedback, and collaborate on developing innovative approaches to better prepare students, researchers and professionals for the challenges and responsibilities of informal caregiving.

Current trends and challenges in caregiving research

Prof Iris CHI

Professor Emeritus of Social Work
University of Southern California

Abstract

Several medium- to long-term socio-demographic trends are expected to increase the demand for informal caregiving while simultaneously reducing the availability of informal caregivers. These trends present both challenges and opportunities for the field of caregiving research. The existing literature highlights a wide range of research gaps that must be addressed to develop a 21st-century system capable of supporting caregivers. These gaps span various stages of the caregiver policy and program development process, including needs assessment, policy formation, stakeholder engagement, legislative and regulatory review, policy adoption and implementation planning, as well as monitoring and evaluation. Additionally, there are significant gaps in study topics and methodologies, such as policy analysis, cost-benefit and economic evaluations, policy advocacy for diverse caregiving populations, and impact studies. This presentation will explore the implications of these trends and the challenges they pose to conducting caregiving research.

Parallel session 1

Impactful research in caregiving

Venue: Room A319, Saint Francis University

Moderator

Dr Bobo Hi Bo LAU

Associate Professor

Department of Counseling and Psychology

Hong Kong Shue Yan University

The impact of the Namaste Care™ programme in spiritual end-of-life care service for families and staff in Hong Kong: A pilot study

Ms Vennus Yuen Wai HO*

The Hong Kong Chinese Christian Churches Union Kwong Yum Care Home (Integrated Aged Care Service)

Ms Peony YUEN

Vera Ruttonjee Desai Spiritual End-of-Life Care Centre

Abstract

The Vera Ruttonjee Desai Spiritual End of Life Care Centre (VRDSEOLCC) in Hong Kong aims to enhance the quality of life for caregivers and Chinese older adults facing terminal illness. This study explores the experiences of families of older adults with advanced cancer and staff at VRDSEOLCC within Hong Kong's cultural context.

Using semi-structured interviews with 20 staff and family caregivers, the research examines their involvement in Namaste Care™ programs. Thematic analysis of the qualitative data revealed seven positive themes: honoring inner spirit, inducing hope, fulfilling wishes, engaging in meaningful activities, compassionate care during the dying process, and embracing gratitude. The spiritual care team plays a vital role in delivering a structured Namaste Care™ program that aligns with the holistic needs, culture, and values of older adults. Participants benefit from daily one-on-one or group sessions, fostering close communication with family members.

The study indicates promising outcomes for family caregivers and spiritual care workers in supporting older adults with advanced cancer. It underscores the effectiveness of integrating the Namaste Care™ approach into holistic aged care services. Further rigorous studies are needed to deepen the understanding of VRDSEOLCC's impact and the Namaste Care™ program in Hong Kong.

Using Generative-AI to support carer telephone support services: Preliminary findings

Dr Ka Yi FUNG*

Assistant Professor
Felizberta Lo Padilla Tong School of Social Sciences

Dr Wai Tak WONG

Data Scientist
Data Science Research Centre for Social Policies and Services

Dr Doris Yuen Hung FOK

Assistant Professor
Felizberta Lo Padilla Tong School of Social Sciences
Saint Francis University

Abstract

This experimental study explores the utilisation of Generative-AI, specifically Large Language Models (LLMs), to support Carer Telephone Support Services in Hong Kong. The demand for these services, which operate 24/7, requires substantial manpower for tasks such as answering calls, making outbound calls, and preparing call summaries. This study, conducted in collaboration with the Hong Kong Federation of Women's Center Carer Support Services Hotline, involved recording 71 calls with the consent of caregivers. These recordings were transcribed verbatim and analysed by both an LLM known as Copilot and an experienced social worker. The findings reveal that Copilot can effectively identify challenges faced by caregivers. However, it struggles to contextualise information within the dialog content, often over-generalizing, over-simplifying, or creating new content, likely influenced by the design of the prompts used. These initial results highlight the potential of LLMs in reducing the manpower demands of such services, though they also underscore the need for future research focused on enhancing the comprehension abilities of LLMs and improving prompt design to ensure more accurate and contextually appropriate responses.

Digital competence, caregiving self-efficacy, and social connectedness among informal carers of hospitalised patients

Dr Ben Chi Pun LIU

Associate Professor of Social Work cum
Director of Centre on Social Work Clinical Practice, Research, and Training Partnership
Hong Kong Shue Yan University

Dr Dion Sik Yee LEUNG

Assistant Professor
S.K. Yee School of Health Sciences
Saint Francis University

Abstract

The study explores the mechanisms in the association between self-efficacy in caregiving (SEC), digital competence (DC), and loneliness among 200 informal carers for hospitalized patients. Conditional process analysis reveals a moderated mediation effect of DC on social network, and SEC, increasing carers' health-related quality of life and reducing loneliness. Our model also found that a larger social network significantly reduced caregiving hours and the burden of care, correspondingly reducing loneliness. Results suggested that better digital competence can increase carers' self-efficacy in caregiving, resulting in positive caregiving outcomes. Therefore, health and social care practitioners should effectively use technology-based interventions to enhance carers' competence in caregiving. Strategies to strengthen carers' social connectedness are also essential to combat the negative outcomes of caregiving

Building a carer and dementia friendly community: The impact of the “Dementia Hand in Hand” project

Mr Ka Hin LEUNG

District Service Manager (Tsuen Kwai Tsing District)
Baptist Oi Kwan Social Service

Abstract

The “Dementia Hand in Hand” project aims to cultivate a carer and dementia-friendly community. Co-initiated and co-funded by the Ho Cheung Shuk Yuen Charitable Foundation, Chow Tai Fook Charity Foundation, and Shih Wing Ching Foundation, the project has invited the Sau Po Centre on Ageing at The University of Hong Kong as a knowledge partner. Baptist Oi Kwan Social Service launched this three-year project from October 2021 to September 2024, serving the carers of dementia and frail elders in two public housing estates (Cho Yiu Chuen and Lai Yiu Estate) with locational service needs.

The project emphasises that every carer should be respected, valued, and supported. It advocates for a “Carer Rest Day” and provides comprehensive services to elders and carers. The core services include early identification, carer self-planning, carer advance directives, respite services, and peer support training programs.

The presentation will share a community-based intervention protocol and the experience of providing Carer Rest Day services, highlighting their effectiveness in alleviating carer burden and depressive symptoms. It will also discuss the impact on carers and outline strategies for forming community alliances to raise awareness about the needs of carers and community stakeholders and co-create a carer—and dementia-friendly community.

Parallel Session 2

Practical approaches to education on informal caregiving

Venue: Room A311, Saint Francis University

Moderator

Dr Raymond Chi Fai CHUI

Associate Professor

Department of Social Work

Hong Kong Shue Yan University

Innovative education for future health and social care leaders: Integrating policy, practice, and real-world experience

Dr Florence FONG

Deputy Director and Senior Lecturer

Asia Pacific Institute of Ageing Studies

Lingnan University

Abstract

The BSS (Hons) in Health & Social Service Management program innovatively prepares future leaders for the challenges of an ageing society. This presentation highlights our unique approach, integrating policy, practice, and entrepreneurship. Key innovative features include direct engagement with senior government officials, exposure to pioneering projects, and diverse internship placements including social enterprises. Our curriculum blends micro and macro perspectives, combining classroom theory with extensive real-world experiences. This comprehensive, hands-on approach equips graduates with the skills to navigate and innovate in the complex landscape of health and social services, addressing the evolving needs of our ageing population.

Practical Approaches to Education on Informal Caregiving -Incorporating Informal Caregiving in Curriculum of Health Care Professionals

Dr Tiffany Ching Man CHOI

Associate Professor of Practice cum Deputy Programme Leader of BSc Physiotherapy

Saint Francis University

Abstract

This presentation focuses on the incorporation of informal caregiving into the curriculum for health care professionals, specifically from a physiotherapy perspective. Informal caregivers, often family members or friends, play a vital role in the rehabilitation process, yet their contributions are frequently overlooked in

clinical practice. We will discuss the importance of recognizing the needs and challenges faced by informal caregivers and how their involvement can significantly impact patient outcomes.

The presentation will outline curriculum strategies that enhance physiotherapy education, including the integration of case studies, role-playing scenarios, and workshops designed to foster collaboration between physiotherapists and informal caregivers. By equipping future physiotherapists with the skills to engage effectively with caregivers, we aim to promote a holistic approach to patient care.

When children with intellectual disabilities grow up, parents' expectations and worries

Dr Kitty Yuen Han MO

Associate Professor

Department of Social Work

Hong Kong Shue Yan University

Abstract

In Hong Kong, individuals with intellectual disabilities are required to graduate from special schools and transition to adult employment services or public employment once they turn 16. From 2023 to 2024, a study was conducted to understand the needs of individuals with mild to moderate intellectual disabilities during the transition stage, as well as the expectations and concerns of their caregivers. The study employed a mixed research method. Qualitative study involved 40 participants, including special school staff, parents, adult social service social workers, and students with intellectual disabilities. The quantitative research collected a total of 383 questionnaires. The research findings revealed that parents are worried about their children's ability to handle work-related difficulties, the availability of suitable employment opportunities, and the possibility of workplace discrimination. Parents expressed a strong desire for their children to participate in vocational experience classes at vocational training centres, engage in job trials and internships at adult employment service agencies, and take part in skill development courses such as pastry making and hotel cleaning work. Additionally, parents expect special schools to design courses focused on vocational training, assist students in applying for the central referral system for rehabilitation services, and refer students to regional support centres.

Unveiling stress coping in the resilience journey of caregivers of children with special educational needs through Photovoice in Hong Kong

Dr Sandrine Man Chi CHUNG

Assistant Professor

Department of Social Work

Hong Kong Shue Yan University

Abstract

The presentation will introduce a novel to investigate parental stress levels and coping strategies among caregivers of children with SEN in Hong Kong. Using a participatory action research approach and

Photovoice design, the study will explore stress sources, quality of life perceptions, and the efficacy of Photovoice as an intervention. By integrating the Coping Circumplex Model and the Common Factor Model, the research seeks to provide insights for educators and clinicians, potentially preventing family tragedies and enhancing caregiver well-being. With 30 participants across different child developmental stages, the study will yield practical outcomes, including a Photovoice Work Manual and a website for dissemination. This proposal promises to benefit caregivers, practitioners, and the wider community, contributing to a more supportive environment for children with SEN.

Parallel Session 3

Roundtable on research idea incubation

[By invitation only]

Venue: Room A312, Saint Francis University

Participants of the roundtable will highlight their research ideas/draft proposals, and seek feedback from overseas experts and other researchers, mainly for colleagues of SFU & HKSYU.

Moderator

Prof Alice Ming Lin CHONG

Professor

Felizberta Lo Padilla Tong School of Social Sciences

Saint Francis University

THEME 1 (Part 3)

Invited talks- Series 3

Addressing the needs of the carers: Assessment, information provision, and response

Mrs Dorothy Koo and Dr Ti Hua Koo Plaza, Hong Kong Shue Yan University
To be conducted in Cantonese

Carer-centric need assessment *照顧者為中心的需求評估*

Prof Vivian LOU

Director

Sau Po Centre on Ageing

The University of Hong Kong

樓瑋群 教授

香港大學 秀圃老年研究中心 總監

摘要

2024 年，香港進入超高齡化社會，在未來 10 年，香港 85 歲或以上的人口增長速度特別快。雖然人口高齡化與體弱沒有必然的聯繫，但是在老化過程中由於身體衰弱/心理困擾/或者認知缺損的情況會更常見。換句話說，越來越多的家庭成員會不可避免的進入照顧者的角色。文獻顯示照顧者由於長時間投入照顧工作，更容易出現身體疲勞，精神緊張，甚至抑鬱。但是過去的研究大多運用單維度測量（例如照顧者負荷），或者精神健康的指標（例如焦慮/抑鬱），或者二個方面的綜合（例如情緒自評量表）來評估。雖然這些評估工具能夠找到精神健康受到困擾的照顧者，但是沒有能具體標定照顧者相關的需要。在香港賽馬會慈善信託基金的支持下，由香港大學秀圃老年研究中心團隊協同六家非政府機構（包括香港明愛，基督教香港信義會社會服務部，香港婦女中心，香港聖公會麥理浩夫人中心，香港基督教女青年會，東華三院），結果文獻回顧，專家共識，初步項目形成，問卷調查研究等等科學步驟，發展了 11 個項目的具有滿意信度和效度的照顧者為本的需求評估工具，面前在 9 家照顧者中心試用，協助工作團隊評估照顧者需要，並根據需要提供適切的服務。

Informational gateway for carers: Review and forward

照顧者資訊網：回顧與前瞻

Dr Steve Fu Fai FONG

Head

Department of Social Work

Hong Kong Shue Yan University

方富輝 博士

香港樹仁大學 社會工作學系 主任

摘要

承蒙香港賽馬會慈善信託基金捐助，香港樹仁大學社會工作學系獲社會福利署委託開發及營運「照顧者資訊網」，為長者、殘疾人士和精神復元人士的照顧者提供全面和最新的資訊，並鼓勵他們在有需要時尋求協助。網站以自助模式 24 小時運作，並持續搜索、整理、更新及發布各類型的服務資訊。「照顧者資訊網」於 2023 年 11 月 30 日起開始營運，在 10 個月內累計之網絡活動數量達 135 萬次。方博士將分享營辦網站之經驗，並預告網站未來的發展。

Carers' needs

照顧者的需要

Ms Janice Wing Lam NG

Team Leader

Carers Hotline 182183

Tung Wah Group of Hospitals

伍詠霖 女士

東華三院 照顧者支援專線 隊長

摘要

照顧者支援專線服務於 2023 年 9 月 26 日正式啟動，由專業社工 24 小時接聽 30 條專線。專線的服務旨是為長者、殘疾人士及精神復元人士的照顧者提供即時的輔導及支援，以紓緩照顧壓力及負擔，並提升其照顧能力及強化社區支援網絡。專線的服務範圍包括(1)提供社區資源資訊；(2)提供轉介服務；(3)提供即時情緒輔導；(4)進行危機評估及介入；(5)為有經濟困難的照顧者提供前往暫託服務的交通津貼；(6)為有緊急需要的被照顧者評估及配對合適的暫託服務/外展服務。

THEME 1 (Part 3)

Invited talks- Series 4

Emerging intervention approach to support the carers: From the children to the older adults

Mrs Dorothy Koo and Dr Ti Hua Koo Plaza, Hong Kong Shue Yan University
To be conducted in Cantonese

Social work service for pre-primary institutions

學前單位社工服務

Ms Hoi Ching LAU

Service supervisor

The Church of United Brethren in Christ Social Service Division

劉凱靜 女士

基督教協基會社會服務部 督導主任

摘要

劉女士將會分享學前單位提供社工服務的背景、目標，學前兒童及其照顧者的服務需要，以及服務隊如何在校制定服務策略及開展服務。

Empowering caregivers: An Estate-based Support Model in Hong Kong public rental housing

賦權照顧者 - 香港公共出租屋邨的「屋邨為本」社區支援模式

Dr Carmen NG

Social and Elderly Wellness Director

Hong Kong Housing Society

吳家雯博士

香港房屋協會 社區及長者服務總監

摘要

面對人口高齡化的挑戰，香港房屋協會作為香港的「房屋實驗室」，致力協助居民實現居家安老的願望。由社工、職業治療師和服務主任等跨專業團隊組成的「房協友里」，除了服務房協轄下 20 個公共出租屋邨內的長者，同時亦支援照顧者，連繫照顧者認識同路人，並建立互助平台，幫助屋邨內其他隱蔽照顧者，延續這份「街坊情」。

Panel discussion
Supporting the carers: Policy, research and practice

Moderator

Dr Steve Fu Fai FONG 方富輝 博士

Head

Department of Social Work

Hong Kong Shue Yan University

香港樹仁大學 社會工作學系 主任

Panelists

Hon Stanley Sai Wing LI, MH, JP 李世榮 議員, MH, JP

Member

Legislative Council

立法會議員

Ms Jenny Lai Ming YAN 甄麗明 女士

Assistant Director (Elderly)

Social Welfare Department

HKSAR Government

社會福利署 助理署長-安老服務

Mr Horace LIT 列浩然 先生

Executive Manager

Charities (Grant Making - Elderly and Family Services)

The Hong Kong Jockey Club

安老事務委員會委員

香港賽馬會 慈善事務總經理-豐盛耆年及長者服務、健康社區

Prof Vivian LOU 樓瑋群 教授

Director

Sau Po Centre on Ageing

The University of Hong Kong

香港大學 耆圍老年研究中心 總監

Mr Joe Chen Yang LOW 婁振陽 先生

Head of Community Services

Tung Wah Group of Hospitals

東華三院 社會服務科主管

Mr Kin Man NG 吳健文 先生

1st Convenor

Carer EPS Platform

照顧者易達平台 第一召集人

Parallel session 1

Clinical practice for carers of children and students with special needs

Venue: Main Building Room 115, Hong Kong Shue Yan University

To be conducted in Cantonese

Moderator

Dr Kitty Yuen Han MO

Associate Professor

Department of Social Work

Hong Kong Shue Yan University

武婉嫻博士

香港樹仁大學社會工作學系 副教授

Support services for caregivers of preschoolers and students with SENs

為具特殊教育需要學前及學齡期兒童之家長支援服務

Ms Sandra Fung Chi NG

Regional Manager

Heep Hong Society

吳鳳芝 女士

協康會 區域經理

摘要

協康會積極引進及自行研發具實證基礎的訓練策略和家長親職課程，包括於 2014 與香港大學和香港理工大學共同研發「教得其樂 – 家長管教技巧課程」、於 2015 與香港城市大學合作推出「心寬歡」家長靜觀體驗計劃，並於 2017 從英國引入為自閉症兒童而設的「親•子•遊」社交溝通親子訓練課程（PACT），而於 2018 進一步開辦「全天候父母-家長親職教育課程」，更在 2021 成立「SEN 家庭學院」，為家長提供多元化課程。此外，本會結集跨專業團隊豐富的教學經驗，研發了十多個有趣及具多元教育目標的應用程式，供家長/照顧者陪同兒童在家學習。

Sharing from the designated team for special school leavers of District Support Centre for persons with disabilities

殘疾人士地區支援中心 特殊學校離校生專隊工作分享

Mr Cheuk Hong WONG

Clinical Supervisor

Christian Family Service Centre

黃卓康 先生

基督教家庭服務中心 督導主任

摘要

2024 年 4 月，社署在全港 21 所殘疾人士地區支援中心，各成立一支與特殊學校合作的專隊。主要服務對象包括短期內離開特殊學校的應屆畢業生，及其家人或照顧者。中心的離校生專隊服務不受區域限制，為應屆畢業生提供包括但不限於中心及外展支援服務，專隊服務工作需要與各編配的特殊學校合作；於準畢業生離校前後，為他們及其照顧者提供三層的介入模式跟進，包括個案、小組、活動/工作坊等，規劃人生歷程，準備迎接人生新階段的挑戰。

Amazing Start (AS@BGCA)

恩童計劃

Ms Kelly CHUNG

Supervisor

Special Project & Small Group Home

The Boys' & Girls' Clubs Association of Hong Kong

鍾綺萍 女士

香港小童群益會 服務總監

摘要

恩童計劃 Amazing Start (AS@BGCA) 自 2021 年起由香港小童群益會開展，與醫院、社署及地區社會服務單位合作，致力提供優質及專業的早期介入服務予有 0 至 3 歲嬰幼兒弱勢家庭。計劃提供家訪及社區介入，按月齡為嬰幼兒提供優質刺激，改善家庭環境，促進親子依附關係，亦希望長遠建設家庭社區網絡，並推動業界培訓及政策倡議。計劃以數據指導方式進行介入，直至 2024 年 3 月，計劃已完成 80 個接受 15 個月以上服務的家庭，由香港大學心理學系負責數據收集及初步分析。數據顯示，恩童計劃的早期全面介入模式為育有 0 至 3 歲嬰幼兒之高危家庭帶來正面的裨益。

Microboards: A planning-a-support approach to expand networks

Prof Tim STANTON

Emeritus Professor, the School of Social Work
Co-Director, Canadian Institute for Inclusion and Citizenship
University of British Columbia

Abstract

A Microboard is a group of family and friends joining with a person with a disability to create a non-profit organization. A Microboard is focused on the person's self-determination, empowerment, and supports planning using a person-directed approach. This talk draws on a recent study and the presenters own experience to outline what a Microboard is and how families are using them to ensure their family member is supported in a positive way in connection to their community and others and, to ensure long term security for the person after parent caregivers are no longer able to provide support.

Parallel Session 2

Clinical practice for carers of adults with disability and chronic conditions

Venue: Main Building Room 201, Hong Kong Shue Yan University
To be conducted in Cantonese

Moderator

Dr Josephine Wing Fun FUNG

Senior Lecturer

Department of Social Work

Hong Kong Shue Yan University

馮穎芬博士

香港樹仁大學社會工作學系 高級講師

Person-centred and comprehensive support for cancer patients and their families

以人為本全方位支援癌患者及其家庭

Ms Ka Ki WONG

Project Director

Hong Kong Anti-Cancer Society

黃嘉琪 女士

香港防癌會 項目總監

摘要

在 2022 年全球患癌新症數字超過 20,000,000，香港癌症現況單就 2021 年就錄得 38,462 宗。癌症及其治療影響患者身心靈健康及生活質素。香港防癌會是一所非牟利團體，服務癌患者超過 60 年，致力填補社會服務空隙，為癌患者提供優質及全方位服務，包括：提倡癌症預防和探測；透過教育、研究和宣傳以增加市民對癌症的了解和認識；透過倡導、推動各界共同參與、幫助所有人士對抗癌症；設 24 小時住宿、日間中心、以個案管理的社區支援服務及多項慈善計劃，達至治療、復康、紓緩及全方位支援癌患者和家屬。

Service sharing on creating “Me Time” for caregivers of people with intellectual disabilities

為智障人士照顧者創造喘息空間之實務經驗分享

Ms Lai Man WU

Service Director

Mr Chung Man SHUM

Assistant Service Director

Hong Kong Lutheran Social Service, LC-HKS

胡麗敏女士

香港路德會社會服務處 服務總監

沈仲文先生

香港路德會社會服務處 助理服務總監

摘要

香港路德會社會服務處致力為殘疾人士照顧者提供支援，早於 2010 年已就老齡化情況展開照顧者工作。疫情期間，有見智障人士照顧者飽受壓力，機構遂開展「路同行」計劃。至 2024 年整合三年實踐經驗，再推行為期三年「有伴旅程」殘疾人士家庭支援計劃。計劃中設置的喘息服務 (如緊急或預約託管服務、鬆一鬆小組等)，旨在提升智障人士照顧者的精神健康及建立照顧者社區支援網絡。是次分享將與參加者交流計劃實踐中的點滴，及箇中成效和挑戰。

Current Situation and Challenges of Caregiver Services in Supporting Chronic Illnesses Patients

照顧者服務在長期病患支援的現況和挑戰

Ms Man Chi LAW

Senior Manager (Rehabilitation)

Hong Kong Society for Rehabilitation

羅敏姿 女士

香港復康會 高級經理 (復康)

摘要

這次專題分享將聚焦於長期病患照顧者的支援需求與面臨的挑戰。講者將描述照顧者在實際照顧過程中所承受的壓力與需求，同時介紹香港復康會為長期病患者照顧者所提供的多元支援服務，包括照顧諮詢

服務、照顧課程、健康管理服務、資源地圖和同路人支援等。最後，亦會分享香港復康會在倡議照顧者服務上的未來方向，如推動照顧者的清晰定義和分類、福利政策常規化以及照顧者角色的社會認同。

Past present future? Carer support service of persons with physical disabilities in Hong Kong

傷殘人士之照顧者支援計劃 – 回顧及前瞻

Ms Karen Kin Wah LUNG

Deputy Head (Community Support Service)
SAHK

龍建樺女士

香港耀能協會 副總監 (社區支援服務)

摘要

就過去社區上缺乏一些以照顧者為本的服務，故此香港耀能協會申請了香港賽馬會慈善信託基金，於2021年開辦賽馬會「樂在照顧」- 香港耀能協會照顧者計劃，為期三年。計劃以殘疾人士照顧者為本，提供個案管理、社區服務配對、外購服務等，以紓緩照顧者的壓力及減低危機，成效顯注。計劃即將完結，協會總括過去經驗，將會為殘疾人士照顧者提供更適切所需之支援。

Parallel session 3

Clinical practice for carers of older adults

Venue: Mrs Dorothy Koo and Dr Ti Hua Koo Plaza, Hong Kong Shue Yan University
To be conducted in Cantonese

Moderator

Prof Alice Ming Lin CHONG

Research Professor

Felizberta Lo Padilla Tong School of Social Sciences

Saint Francis University

莊明蓮教授

聖方濟各大學湯羅鳳賢社會科學院 研究教授

Ageing business roundtable: Age-friendly human resources framework

Dr Carol Hok ka MA

Associate Professor

Head, Gerontology Programmes

Senior Fellow (Experiential Learning)

Singapore University of Social Sciences

馬學嘉博士

新加坡社科大學體驗式學習中心高級專家

副教授和老年學碩士及博士課程主任

Abstract

Johnson & Johnson and Singapore University of Social Sciences established the Ageing Business Roundtable for an Asia-centric discussion on ageing in the business realm. It involves business stakeholders in sharing best practices for active ageing. The roundtable offers insights on demographic shifts, caregiving for employees, challenges, and opportunities from community-corporate partnerships. Over 120 participants from various sectors, including Diversity, Equity, and Inclusion (DEI) initiatives, engaged in discussions on sustainable ageing solutions and innovative approaches in Asia. Recognised by the Ministry of Health, the initiative has led to the development of an age-friendly HR framework to serve as a guideline for organizations aiming to foster an age-inclusive society. The long-term goal is to foster collective action for successful ageing in industries and sectors, focusing on Singapore and the wider Asian region.

A pilot study on a carer's needs-oriented intervention on the caregiving self-efficacy of informal carers of community-dwelling older people with life-limiting illnesses

針對患有生命受限疾病的社區居住長者的非正規照顧者，以照顧者為本的介入探討照顧自我效能感先導研究

Ms Chun Miu LAI

Division Head

Yang Memorial Methodist Social Service

黎春妙 女士

循道衛理楊震社會服務處 部門主管

摘要

照顧生命受限疾病的長者常使照顧者面臨重大負擔，現有社區支援服務主要聚焦於患者。為解決此問題，循道衛理楊震社會服務處實施了「照顧者支援需要評估工具」(CSNAT)，旨在支援社區中的照顧者和患者。楊震進行了一項準實驗研究，涉及 67 對照顧者和被照顧者，其中 28 對接受了 CSNAT-I 和常規護理，39 對僅接受常規護理。研究結果顯示，兩組在整體照顧自我效能方面無顯著差異，但超過 60% 的實驗組照顧者表示自我效能感提高，74.1% 的照顧者獲得新技能。小組討論強調了多專業合作、持續重新評估及暫託服務的必要性。雖然 CSNAT-I 模式在支援香港社區的照顧者和被照顧者方面已顯示出效用，但仍需進一步驗證和調整，以適應照顧者不斷變化的需求。

Sharing on the operational experience of the Jockey Club Carer Space

賽馬會照顧者中心營運經驗的分享

Ms Mo King HON

Chief Officer

Aged Care and Community Health Service

Hong Kong Young Women's Christian Association

韓慕琮 女士

香港基督教女青年會 總主任（長者及社區健康服務）

摘要

香港已經進入老齡化社會，社區照顧者對服務的需求日益增加，香港基督教女青年會獲香港賽馬會慈善信託基金贊助營運三間分別位於上水、青衣及西灣河的照顧者中心，將會分享過去半年的營運經驗，包括從照顧者多維度風險評估及收集照顧者服務需求等數據，如何配套適合服務建議的流程，並分析本會在不同地區照顧者的服務需求特質及服務的特色，以及面對的困難及挑戰。

Smart homecare solution: From now to the future
居家安老新里程-由現在到未來

Ms Doris Ka Yee YEUNG

Project Manager

Evangelical Lutheran Church Social Service

楊家儀 女士

基督教香港信義會社會服務部 計劃經理

摘要

基督教香港信義會社會服務部於 2018 年獲得行政長官社會資助計劃的支持，並香港賽馬會慈善信託基金的捐助，開展名為「生活再動計劃 賽馬會居家安老新里程」之計劃。計劃透過跨專業合作，為居家長者提供生活日程，幫助長者定期進行康復運動、認知訓練、健康監測和網上社交活動。此外，計劃還包括支援長者使用平板電腦的服務。目前已有 17 間社福機構的長者服務單位在參與，累計 2,000 名長者參與，總使用時數達 20 萬小時，幫助長者改善健康習慣並增強社交聯繫。

Parallel Session 4

Clinical practice for carers of persons in recovery

Venue: Library Complex 601, Hong Kong Shue Yan University
To be conducted in Cantonese

Moderator

Dr Cheung Tim FUNG

Former Director
Richmond Fellowship of Hong Kong

Experience sharing - implementation of “Family Fan” Training and support services scheme

「家友達人」培訓及服務支援計劃: 推行經驗分享

Ms Laelia Man Ting CHENG

Office-in-charge
New Life Psychiatric Rehabilitation Association

鄭敏婷 女士

新生精神康復會 單位主管

摘要

「家友達人」是一項以照顧者支援照顧者的服務計劃。透過有系統的培訓和實習，裝備有志助人的復元人士家屬成為「家友達人」大使，為有需要的照顧者提供實務協助及心靈上的支援。另一方面，大使亦會於公眾教育活動中分享其親歷經驗，以增進公眾人士對照顧者處境的認識和諒解。藉著是次計劃的推行經驗分享，探討如何善用復元人士家屬作為同路人的優勢，發揮照顧者之間的互助能力，支援彼此同行，共同面對生活中的壓力和挑戰。

Experience Sharing of support service for the Caregivers of PIR
復元人士照顧者工作經驗分享

Mr Ivan Chi Wah NG

Chief Officer (Service)

The Mental Health Association of Hong Kong

伍志華 先生

香港心理衛生會 總主任(服務)

摘要

復元人士照顧者在支持和陪伴復元人士的過程中扮演著至關重要的角色。本會多年來透過多種形式的家屬支援工作，幫助照顧者應對各種挑戰，掌握必要的技能和知識，並察覺個人的情緒及基本需要。我們致力於肯定照顧者的角色，並促進朋輩之間的支援。

通過不同的平台，如「家同行」計劃，照顧者的經驗分享不僅改善了復元人士及其家屬的生活質量，還提供了尋求和利用資源的有效途徑。我們鼓勵更多的照顧者分享他們的經驗，以共同提升整體的支援效果。

另外，是次會有一位社工同事協助參與分享：Ms SO Yuk Ching, Soba 蘇鈺晶姑娘。

Practical carer work and inspiration in mental recovery
精神復元人士照顧者工作實務與啟發

Ms Eunice Tsz Ying LEE

Centre-in-charge

Resource and Service Centre for Relatives of

Ex-Mentally Ill People

Baptist Oi Kwan Social Service

李芷蕓 女士

浸信會愛羣社會服務處 精神康復者家屬資源及服務中心 中心主任

摘要

照顧者需要近年備受重視，然而香港的照顧者為本服務仍屬萌芽階段。透過是節分享，希望以精神復元人士照顧者服務的經驗為例子，分享照顧者工作中，需要評估及介入工作的要點；以及經驗對其他照顧者工作的啟發。

Walk with carers: Facilitating persons in mental recovery's transition by medical-social collaboration

與家屬成為伙伴：透過醫社協作促進精神復元人士的過渡期適應

Mr Eric Kin Kuen CHAN

Project Manager

SideBySide

陳健權 先生

善導會 導航計劃—精神復元人士過渡支援服務試驗計劃 項目經理

摘要

善導會於 2022 年起推行為期三年的精神復元人士過渡支援服務試驗計劃，以復元導向及醫社協作為本，支援輪候中途宿舍精神復元人士、未完成中途宿舍訓練或在中途宿生活過長之精神復元人士適應新的居住環境，建立穩定生活，促進其順利過渡至不同的復元歷程。精神復元人士面對過渡期的種種適應，感到壓力並需要全面的支援。家屬在支援精神復元人士面對過渡期的適應，同樣面對壓力。本文將分享此計劃如何參考 Triangle of Care (Worthington et al., 2013) 的元素，與家屬攜手連繫醫院及社區支援服務，促進精神復元人士的過渡期適應。

BIOGRAPHIES OF KEYNOTE SPEAKERS

(Listed in Alphabetical Order by Surname)



Iris CHI

Professor Emeritus of Social Work
University of Southern California

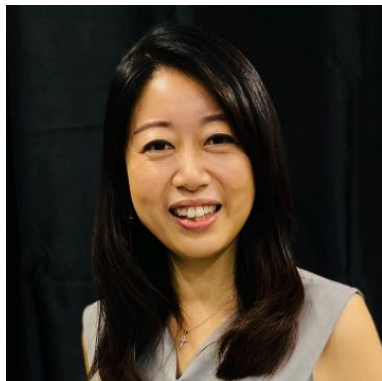
Professor Iris CHI is the Professor Emeritus of Social Work at the University of Southern California (USC). Before that, she held the Chinese American Golden Age Association/Frances Wu Chair for the Chinese Elderly for 18 years at the USC Suzanne Dworak-Peck School of Social Work. Prior to joining USC, she taught at the University of Hong Kong (HKU) for 17 years and was the founding director of the Sau Po Centre on Aging at HKU. An expert in health care services and gerontology, Dr. Chi has participated in more than 120 studies and published over 400 articles and book chapters. Dr. Chi is an honorary professor, fellow, consultant, and advisor to many local and overseas universities, research institutes and professional associations. She also serves on the editorial board for numerous journals in health, gerontology, psychology, and social work.



Alice Ming Lin CHONG

Research Professor
Felizberta Lo Padilla Tong School of Social Sciences
Saint Francis University

Professor Alice CHONG is a Research Professor of the Saint Francis University. Before that, she was Senior Researcher of the Labour and Welfare Bureau (2019-2022); an academic in the City University of Hong Kong (1991-2019), and a social work practitioner and manager in a few NGOs. She has an impactful career integrating practice, education and research in social work, social gerontology and caregiving. She was awarded more than 60 research grants, has published over 90 academic articles and presented over 90 conference papers. Prof Chong participates actively in community services, being chair or board members of a few NGOs, and was invited to numerous government advisory committees. She was the Founding President of the Hong Kong Association of Schools of Social Work (2015-2019). She was awarded the Medal of Honor by the Government for her active community service and the Teaching Excellent Award by CityU and the University Grant Committee, respectively

**Carol Hok Ka MA**

Associate Professor
Head, Gerontology Programmes
Senior Fellow (Experiential Learning)
Singapore University of Social Sciences

Dr Carol MA is a leading expert in Service-Learning (S-L) and Ageing in Asia, serving as the Head of Gerontology Programmes at the Singapore University of Social Sciences. She spearheads curriculum development, community engagement, and applied research in gerontology, advocating for transdisciplinary education to address ageing issues. She has led impactful projects in Singapore, including the development of the first geragogy guidelines, innovative dementia care programmes, older adults' functional capacity under the WHO ICOPE framework and set up the 1st community living lab with caregivers. She serves as an advisor for caregiver and eldercare services with the NCSS, a member of the Coordinating Committee for the Silver Industry of Enterprise Singapore, and an advisor for the International Longevity Centre Singapore and inclusive learning for the UNESCO Institute for Lifelong Learning.

**Patrick O'LEARY**

Professor
School of Health Sciences and Social Work
Human Services and Social Work
Griffith University

Profesor Patrick O'LEARY is an internationally recognised researcher on social work, gender-based violence and child protection having worked in numerous international universities as well as conducting complex research projects in over a dozen countries. Over the last 30 years he has being doing research with survivors of child sexual abuse with particular interest on male survivors and a focus on disclosure and life course effects. Professor O'Leary is currently Co-Lead of the Disrupting Violence Beacon at Griffith University, as well as a Chief Investigator for the ARC Centre of Excellence for the Elimination of Violence Against Women where he leads a work stream on perpetrators and bystanders. He is the Co-Chief Editor of International Social Work published by SAGE it has become a Q1 journal and more than doubled its impact factor to 2.2.

Professor O'Leary has worked with UNICEF, Terre des hommes and Islamic Relief Worldwide. He was commissioned as an Expert

Academic Advisor to the Royal Commission into Institutional Responses to Child Sexual Abuse and was a member of the Queensland Women's Safety and Justice Taskforce. Professor O'Leary serves on numerous boards and advisory positions in the government and non-government sectors, including being on the Advisory Group for National Strategy to Prevent and Respond to Child Sexual Abuse for the Australian Government, non-executive Director of DVConnect, and member of the Practice Advisory Committee for Survivors and Mates Support Network.



Tim STANTON

Emeritus Professor, the School of Social Work
Co-Director, Canadian Institute for Inclusion and Citizenship
University of British Columbia

Professor Tim STANTON, MSW, PhD is Emeritus Professor at the School of Social Work and Co-Director of the Canadian Institute for Inclusion and Citizenship, University of British Columbia. He holds a PhD from the London School of Economics on disability rights and social policy. Prior to his academic career he worked on deinstitutionalisation of people with disabilities in British Columbia and as head of Policy and Programs for the then Ontario Association for Community Living. He has consulted nationally and internationally on issues of system change. He has published widely on disability rights, policy and practice, history, ethics and services. He is an active consultant nationally and internationally on disability supports and services. He recently co-authored a Human Rights Remedy for the province of Nova Scotia and is currently consulting on a complete remodelling of the disability support system.

**Ingmar WEBER**

Alexander von Humboldt Professor for AI
Saarland University

Professor Ingmar WEBER is an Alexander von Humboldt Professor for AI at Saarland University where he holds the chair for Societal Computing. His interdisciplinary research comprises (i) computing of society, i.e. the measurement of different social phenomena, in particular using non-traditional data sources, and (ii) computing for society, i.e. working with partners on implementing solutions to help address societal challenges. Analyses performed by his team and collaborators have been used in displacements contexts ranging from Venezuela to Ukraine. Prior to joining Saarland University, Ingmar was the Research Director for Social Computing at the Qatar Computing Research Institute. He studied mathematics at the University of Cambridge before pursuing a PhD at the Max-Planck Institute for Computer Science.

SPEAKERS OF PANEL DISCUSSION (DAY 1, 8 NOV)

THEME 2- APPLYING DATA SCIENCE TO SOCIAL SCIENCES

Paul YIP

Chair Professor (Population Health)
Department of Social Work and Social Administration
The University of Hong Kong

Professor Paul YIP is the Chair Professor (Population Health) at the Department of Social Work and Social Administration, Associate Dean (Knowledge Exchange and Development) at the Faculty of Social Sciences, and the Director of the University's HKJC Centre for Suicide Research and Prevention. He is interested in identifying and developing good practices for promoting wellbeing in the community. He is serving as the Chair of the Research Committee of the Family Planning Association of Hong Kong (2012-present), and was the interim chair of the ESEAOR of the International Planned Parenthood Federation (2017-2018), the Secretary General of Asian Population Association (2014-2017), the chairman of the committee of preventing students' suicide (2016), a member of the Steering Committee on Population Policy (2012-2013), a vice-president of the International Association of Suicide Prevention (2009-2013), and an associate member of the Central Policy Unit of the Hong Kong SAR Government (2014-2016). He has received various awards and recognitions, including Chiangjiang Scholar by Ministry of Education(2021-2024; Rehabilitation International Centennial Award (2023); the Hong Kong Spirit Award by the South China Morning Post and Sino Group in 2021, the Humanities and Social Sciences Prestigious Fellowship in 2020, Australia-China Alumni Award (Research) in 2019, a Medal of Honor from the Hong Kong SAR Government in 2017, the Stengel Research award in 2012, an outstanding supervisor and researcher of the University of Hong Kong in 2009, 2011 and 2017 respectively, and a distinguished alumni of La Trobe University in 2008. He has published more than 600 research papers relating to population health and suicide prevention.

Reynold CHENG

Head and Professor
Department of Computer Science
The University of Hong Kong

Professor Reynold CHENG is the Department Head and Professor (Computer Science), in the School of Computing and Data Science, the University of Hong Kong (HKU). He is also a Steering Committee Member of the HKU Musketeers Foundation Institute of Data Science. He is an academic advisor to the College of Professional and Continuing Education of HKPU. He was an Associate Dean of Engineering in 2022-24. His research interests are in data science for social good, big graphs, and uncertain data management. Professor Cheng is named the AI 2000 Most Influential Scholar Honorable Mention in Database in 2023 and 2024. He received the ACM Distinguished Membership Award and the HKU Outstanding Research Student Supervisor Award in 2023. He was listed as the World's Top 2% Scientists by Stanford University in 2022. He received the SIGMOD Research Highlights Reward 2020, HKICT Awards (2021, 2023), and HKU Knowledge Exchange Award (Engineering) (2024, 2021). He was granted an Outstanding Young Researcher Award 2011-12 by HKU. He received the Universitas 21 Fellowship in 2011, and two Performance Awards from HKPU Computing in 2006 and 2007. He was a PC co-chair of IEEE ICDE 2021. He is on the editorial board of IS, DAPD and DSEJ.

Prof Muzhi ZHOU

Assistant Professor
Urban Governance and Design Thrust
The Hong Kong University of Science and Technology (Guangzhou)

Dr Muzhi ZHOU is an Assistant Professor in the Urban Governance and Design Thrust at the Hong Kong University of Science and Technology (Guangzhou) beginning from January 2022. Previously, she was a postdoctoral researcher at the Department of Sociology, University of Oxford, supported by the European Research Council. Dr Zhou received her Ph.D. in Sociology from the University of Oxford. She has expertise in the field of gender and family, life course and digital inequality. Her work has been published in top journals such as Gender & Society, Population and Development Review, Demographic Research, and Chinese Sociological Review. Her recent work focuses on how social inequalities are reflected in the digital/virtual society.

Will Wai Yin NG

Senior Research Fellow
Data Science Research Centre
Saint Francis University

Dr Will Ng received BA, MA and PhD degrees from University of Cambridge in engineering, specialising in operations research and control engineering. He is an educator with expertise in teaching and consulting at both school and university levels, with decades of experience in academic research, technology consulting, business start-up, and community services. He is also a docent of Hong Kong Museum of Art since 1994. Currently he is senior research fellow at Data Science Research Centre of the newly established St Francis University.

Dah Ming CHIU

Research Professor, School of Computing and Information Sciences
Research Professor, School of Social Sciences
Director, Data Science Research Centre
Saint Francis University

Professor Dah Ming CHIU is a Research Professor at the School of Computing and Information Sciences and the School of Social Sciences, and is also the Director of the Data Science Research Centre at Saint Francis University. He is also Professor Emeritus at Department of Information Engineering at the Chinese University of Hong Kong where he retired. He received his B.Sc. from Imperial College London, and PhD from Harvard University respectively. Dah Ming's current research interest is in applied data science, applied to any interesting problem. In his current role, his research focus is more on applying data science to social policies and services.

Jiwei QIAN

Senior Research Fellow
East Asian Institute
National University of Singapore

Dr Jiwei QIAN is a Senior Research Fellow at the East Asian Institute, National University of Singapore. Dr. Qian currently serves as the Secretary of the East Asian Social Policy Research Network (EASP). His research is widely published in leading journals within the social policy field, including *Journal of Aging & Social Policy*, *Journal of European Social Policy*, *Journal of Social Policy*, *Policy and Society*, *Policy Studies Journal*, *Social Policy & Administration* and *Social Science & Medicine*. His most recent book is *The Political Economy of Making and Implementing Social Policy in China* (Palgrave Macmillan, 2021). He obtained his B.Sc. in computer science from Fudan University, China and Ph.D. degree in Economics from the National University of Singapore.

Yu Cheung WONG

Dean cum Professor
Felizberta Lo Padilla Tong School of Social Sciences
Saint Francis University

Professor Yu Cheung WONG is professor at the Felizberta Lo Padilla Tong School of Social Sciences of Saint Francis University, which he joined this August 2019 after reaching retirement age at the Department of Social Work of The Chinese University of Hong Kong. He teaches Social policy, Research, Programme Evaluation, and Information technology in social services. He has involved in a number of large scale research projects on parenting issues in digital era (Hong Kong and Shanghai), social security and retirement protection policy reviews (Hong Kong, Macau, Shanghai), long-term care planning in Macau, programme review on street sleepers, social services in urban renewal projects, mental health services, measuring digital divide in Hong Kong, and urban renewal strategies review. He has extensive experience in managing postgraduate programmes in taught master and research degrees (HKU, CUHK, Fudan University, Shanghai), and over ten PhD students has graduated under his supervision at HKU and CUHK. He has been serving on a number of committees related to policy, research and advocacy, elderly service, information technology on the Hong Kong Council of Social Service. He is also the Chief Editor of the Policy Bulletin published by the Council. He is now sitting and chairing a number of committees in several large scale NGOs on information technology as well as youth service, and serves as external examiners, programme advisors of several local social work training programmes at various levels. He has extensive local media appearance on issues related to retirement protection and long-term care service planning

SPEAKERS OF PANEL DISCUSSION (DAY 2, 9 NOV)

THEME 3-

VOICES FROM THE INFORMAL CAREGIVERS:

A GLOBAL DIALOGUE ON NAVIGATING THE CHALLENGES AND CULTIVATING SUPPORT

Joe LIANG

Senior Lecturer
School of Health Sciences and Social Work
Human Services and Social Work,
Griffith University

Dr Joe LIANG is a social work researcher at Griffith University with expertise in the research methodology, program development and evaluation of the psychosocial well-being of vulnerable individuals and groups across lifespan development. Dr Liang is also the Program Director for the Bachelor of Social Work program at Griffith University, one of Australia's biggest social work programmes. He is a Senior Fellow of the Higher Education Academy (SEHEA), and a key member of the international faculty at Griffith University, with teaching and service expertise in supporting disadvantaged domestic students and international students in academic success and retention. He is a member of The Griffith Disrupting Violence Beacon and has been involved in international research projects in Hong Kong, China, Afghanistan, Indonesia, etc.

Sally Ka Wing LO

Research Assistant Professor
Felizberta Lo Padilla Tong School of Social Sciences
Saint Francis University

Dr Sally Ka-wing LO is a Research Assistant Professor at Felizberta Lo Padilla Tong School of Social Sciences, Saint Francis University, Hong Kong, and an Honorary Research Associate at the Faculty of Social Science, the Chinese University of Hong Kong (CUHK). Sally holds a PhD from Monash University, Australia, and is a registered social worker in Hong Kong.

Sally's research focuses on carer well-being, care and carer policy, intergenerational family dynamics, the caring relationship, the ethics of care, and gender studies. She is currently an ExCo member of the Gender Research Centre at CUHK. Sally has collaborated on projects with local and international organisations. She has served as a Postdoctoral Fellow at the CUHK and as a Research Associate at the Faculty of Law at the University of Hong Kong (HKU) and the Hong Kong Institute of Asia-Pacific Studies.

Ming-sum TSUI

Professor

Felizberta Lo Padilla Tong School of Social Sciences
Saint Francis University

Professor Ming Sum TSUI is Professor and the former Felizberta Lo Padilla Tong Dean of Social Sciences, Saint Francis University. He is also a visiting or honorary professor of six other universities. Before joining SFU as the Dean of Social Sciences, he was Professor of Social Work, Associate Dean, and Acting Dean, Faculty of Health & Social Sciences, The Hong Kong Polytechnic University. Ming-sum has over 40 years of experience in practising, teaching, researching, and writing social work practice. His research interests include theory & practice in social work, social work supervision, human service management, social work education, and substance abuse. With an H-Index of 27, he has conducted 23 funded research projects with HK\$22 million and published 200 pieces of research works, including 12 books and 81 refereed journal articles. Ming-sum is now serving as the Co-Chief Editor of the International Social Work Journal and editorial board member for nine other academic journals.

Karen Lok Yi WONG

PhD candidate and sessional lecturer

School of Social Work
The University of British Columbia

Ms Karen Lok Yi WONG is a PhD candidate and sessional lecturer at the School of Social Work, University of British Columbia, Canada. Her research interests include lived experience of dementia, ageing and diversity, elder care systems and policies, and ageing and technology. Her recent works have been selected as best papers by Alzheimer's Society International and Psychologists in Long-term Care, United States. She received research grants and scholarships from the Canadian Institute on Health Research and Social Sciences Humanities Research Council of the Tri-Council Funding Agencies, Canada. She is also a registered social worker with clinical experience in diverse elder care settings and is currently practising in geriatric acute care with Providence Healthcare in British Columbia, Canada. In 2024, the Canadian Association of Social Workers awarded her the Distinguished Service Award, which acknowledged her contribution to her advocacy work with people with dementia from diverse cultural communities.

Miu Chung YAN

Professor

School of Social Work

The University of British Columbia

Professor Miu Chung Yan has joined the University of British Columbia (Vancouver) School of Social Work since 2004. He has dedicated his research and teaching interest to the settlement and integration experience and challenges of immigrants to Canada. As an applied qualitative researcher, he has collaboratively conducted many studies with local community organisations. While publishing over 70 papers in international journals, he has also produced many technical reports that generate usable knowledge for practitioners and policy makers to improve and enhance policies, programs and practices for newcomers.

Invited talks

Series 1- Inter-disciplinary and trans-sectoral collaborating in caregiving

Donna BROWN

Associate Director, Engagement
Hong Kong Science and Technology Parks Corporation

Dr Donna BROWN is the Associate Director of Biomedical Technology at the Hong Kong Science and Technology Parks Corporation (HKSTP) where her main role is to facilitate HKSTP BioMedical and Health Technology ecosystem building and commercialisation in market. In addition to serving entrepreneurs of BioMedical and Health Technology throughout the value chain, Dr Brown also hosts strategic initiatives and business matching programs to bridge innovators with various stakeholders to turn ideas into market-ready solutions. Dr Brown is a seasoned healthcare professional with more than 20 years of experience in commercial, industrial and leadership roles with various reputable Fortune 500 multinational firms. With her career spanning pharmaceuticals and medical device technology in Taiwan, China and Hong Kong, Dr Brown is well-equipped with solid and proven experiences in both strategic and operational aspects of the business, as well as people management and talent development. Dr Brown is also a part-time lecturer for Drug Safety and Pharmacovigilance with HKU Space College of Life Science and Technology. Dr Brown is a research scientist by training and earned a PhD degree in Pharmacology from the University of Hong Kong, majoring in Pharmacology.

Ben Kin Kit LI

Associate Professor
Department of Social and Behavioural Sciences
City University of Hong Kong

Professor Ben LI is a health psychologist specialising in ageing and health promotion. His recent research includes physical activity promotion, vaccine hesitancy, and caregiver support. Prof LI has published over 50 articles in SSCI/SCIE journals, with an h-index of 28 on Google Scholar and 22 on Scopus. Notably, his publication on nurses' vaccine hesitancy during the COVID-19 pandemic has garnered over 450 citations in Scopus. In addition to his research contributions, Prof LI has secured several government grants and contract research projects. His receipt of the Excellence in Knowledge Transfer Award from his college for a project supporting caregivers of frail older adults highlights his commitment to social impact. Prof LI is also an active member of the professional community, currently serving as the associate editor of Applied Psychology: Health and Well-Being and as a consulting editor for Psychology and Aging

Parallel session 1
Impactful research in caregiving

Vennus Yuen Wai HO

The Hong Kong Chinese Christian Churches Union
Kwong Yum Care Home
Integrated Aged Care Service
Hong Kong

Ms Vennus HO serves as the superintendent of The Hong Kong Chinese Christian Churches Union Kwong Yum Care Home, where she leverages her extensive background as a registered social worker, expressive arts therapist, and senior executive. Her interdisciplinary expertise encompasses gerontology, palliative care, spirituality, and expressive arts therapy. As a Registered Eden Associate and Namaste Care™ International champion, she is committed to providing high-quality aged care and developing holistic palliative care models. Vennus emphasises the importance of spiritual care and person-centered approaches for older adults, driven by her passion for enhancing the significance of spirituality in end-of-life scenarios. She integrates expressive arts therapy to address the spiritual needs of elderly individuals and their caregivers facing terminal illnesses. Her work fosters human connection during critical life moments and promotes wellness through the arts, ultimately aiming to enrich the lives of those she serves.

Ka Yi FUNG

Assistant Professor
Felizberta Lo Padilla Tong School of Social Sciences
Saint Francis University

Dr Ka Yi FUNG is an Assistant Professor in School of Social Science at Caritas Institute of Higher Education. She obtained the BSSC and Mphil in Sociology from Hong Kong Baptist University and the Ph.D. degree in Sociology from University of Saskatchewan. Her research interests include social networks, social support and caregivers, and ICT. Currently, she is involving in a collaboration about video-gaming and network building among middle and old age players.

Ben Chi Pun LIU

Associate Professor of Social Work cum

Director of Centre on Social Work Clinical Practice, Research, and Training Partnership

Hong Kong Shue Yan University

Dr Ben LIU is an Associate Professor of Social Work of HKSYU, after teaching social work in the UK for more than a decade. His research areas include gerontology, public health, and social work in health care settings.

Dion Sik Yee LEUNG

Assistant Professor

S.K. Yee School of Health Sciences

Saint Francis University

Dr Dion LEUNG was an Assistant Professor of Nursing at CIHE/St Francis University and a Professional Consultant in Nursing at the Chinese University of Hong Kong. She is currently working with HKSYU social work research centre to conduct research regarding social work and public health.

Ka Hin LEUNG

District Service Manager (Tsuen Kwai Tsing District)
Baptist Oi Kwan Social Service

Mr Ka Hin LEUNG has over 15 years of experience enhancing support services for older adults and caregivers. He specialises in primary health care and holistic support, training frontline workers in the social service sector to utilise evidence-based tools and systematic frameworks. Through his advocacy for elderly and caregiver policies, Mr. Leung and his project team at the Sau Po Centre on Ageing at The University of Hong Kong have developed a pioneering Carer and Dementia Friendly Community model. This initiative aims to raise community awareness and promote inclusivity. Their successful collaborations are exemplary models for empowering community partners and co-creating effective intervention strategies in Hong Kong.

Parallel session 2

Practical approaches to education on informal caregiving

Florence FONG

Deputy Director and Senior Lecturer
Asia Pacific Institute of Ageing Studies
Lingnan University

Dr Florence FONG is the Deputy Director and Senior Lecturer at the Asia Pacific Institute of Ageing Studies, Lingnan University. With a PhD from the University of Sheffield and postdoctoral experience at the University of Sydney, Dr. Fong brings over a decade of experience working with the Hong Kong SAR Government to her current role. Her career spans key positions at the Labour and Welfare Bureau and Central Policy Unit, where she contributed significantly to ageing and social policies. Currently, Dr. Fong teaches in the Health and Social Services Management (HSSM) Programme, focusing on preparing future leaders in health and social care. Her research interests include aged care policies, Gerontechnology, intergenerational care, and social innovation. Dr. Fong's unique blend of government experience and academic expertise enriches her teaching and research, particularly in addressing the challenges of an ageing society.

Tiffany CHOI Ching Man

Associate Professor of Practice cum Deputy Programme Leader of BSc Physiotherapy
Saint Francis University

Dr Tiffany CHOI is a specialised in Cardiopulmonary Physiotherapy with extensive clinical experience in community rehabilitation, health screening, and simulation education in healthcare. Dr. Choi's research focuses on respiratory conditions, particularly Chronic Obstructive Pulmonary Disease (COPD), and includes innovative techniques in diagnostics and community-based pulmonary rehabilitation. Additionally, she is a qualified Comprehensive Simulation Educator, specializing in simulation-based learning and virtual reality applications in Cardiopulmonary Physiotherapy. Her dedication to enhancing educational methodologies and patient care reflects her leadership and innovation in the field. Dr. Choi's contributions have earned her recognition, including the St. Francis Teaching Excellence Award and the Best Fitness Educator Award in 2023

Kitty Yuen Han MO

Associate Professor
Department of Social Work
Hong Kong Shue Yan University

Dr Kiity Yuen Han MO is associate professor of social work department of Hong Kong Shue Yan University. She has fruitful experiences in rehabilitation and SEN services. She has conducted several research projects regarding parental stress of carers of children with ADHD and dyslexia. Her current research project “quality transition strategies facilitating the transition from teenage to adulthood for persons with intellectual disabilities and their family carers” received funding support from research grants council competitive research funding schemes for the local self-financing degree sector. The project has started from January 2023 to December 2024.

Sandrine Man Chi CHUNG

Assistant Professor
Department of Social Work
Hong Kong Shue Yan University

Dr Sandrine CHUNG Man Chi is an Assistant Professor in the Department of Counselling and Psychology at Hong Kong Shue Yan University. With a background in developmental and educational psychology, her research focuses on early childhood development, play and learning, play therapy, and emotional support for children with Special Educational Needs (SEN) and their caregivers. Dr CHUNG serves as the Director of the Play Therapy Research and Practice Laboratory. In recent years, she has been actively engaged in SEN caregiver research and various community projects.

SPEAKERS OF PANEL DISCUSSION (DAY 3, 11 NOV)

Invited talks

Series 3- Addressing the needs of carers: Assessment, information provision, and response

Vivian LOU

Director
Sau Po Centre on Ageing
University of Hong Kong

樓瑋群 教授

香港大學 秀圃老年研究中心總監

樓瑋群教授，現任香港大學秀圃老年研究中心總監，香港大學社會工作及社會行政學系教授。樓教授的研究領域在社會家庭老年學，包括認知障礙症、中風、生命晚期的親屬照顧者以及長者的社會和心理健康，特別關注實證為本的干預研究和智慧養老等等。樓教授是香港老年學會理事、美國老年學會資深會員，以及亞洲區家庭研究聯盟理事。樓教授還熱心服務社會，現任香港社區投資共用基金委員會委員、耆樂警訊中央諮詢委員會委員、長者學苑發展基金委員會委員。2022年，樓瑋群教授被授予健康老齡化 50 領袖人物 (Healthy Ageing 50 leaders)，2023 女性 STAM 領袖，及 2024 Ageing Asia global Ageing Influencer。

Steve Fu Fai FONG

Head
Department of Social Work
Hong Kong Shue Yan University

方富輝 博士

香港樹仁大學 社會工作學系 主任

方富輝博士為註冊社工，擁有超過二十年臨床及管理經驗，曾擔任更新和殘疾人士康復和精神健康等工作。他在社福機構任職時先後開辦了「愛。共行家庭支援先導計劃」及賽馬會「樂在照顧」計劃，支援殘疾人士照顧者。2023 年，方博士的團隊獲社會福利署委託開發及營運「照顧者資訊網」，為長者、殘疾人士和精神復元人士的照顧者提供一站式的資訊服務。

Janice Wing Lam NG

Team Leader

Carers Hotline 182183

Tung Wah Group of Hospitals

伍詠霖 女士

東華三院 東華三院照顧者支援專線 隊長

伍詠霖女士擁有健康教育榮譽學士及社會工作碩士學位，從事社工工作近 15 年；當中有 10 年時間於不同安老服務單位工作及有 4 年時間從事病人相關服務；至 2021 年更開托賽馬會「攜手同行」癌症患者支援計劃 (新界西中心)，直至去年加入東華三院 照顧者支援專線服務。

Invited talks

Series 4-

Emerging intervention approaches to support the carers: From the child to the older adults

Hoi Ching LAU

Service supervisor

The Church of United Brethren in Christ Social Service Division

劉凱靜 女士

基督教協基會社會服務部 督導主任

劉凱靜女士在幼兒及家庭服務工作多年，當中超過 10 年於學前單位駐校服務的經驗，參與由前線駐校社工到督導主任的工作。

Carmen NG

Social and Elderly Wellness Director

Hong Kong Housing Society

吳家雯 博士

香港房屋協會 社區及長者服務總監

吳家雯博士為香港房屋協會社區及長者服務總監，負責管理長者房屋及照護服務，協助長者實現居家安老。加入房協前，吳博士曾任消費者委員會消費者教育部總主任、勞工及福利局社區投資共享基金秘書長、香港認知障礙症協會總幹事，以及長者安居協會營運總監等，積極引領新服務模式的發展，以回應長者和社區不斷轉變的需要。

Parallel session 1

Clinical practice for carers of children and students with special needs

Sandra Fung Chi NG

Regional Manager
Heep Hong Society

吳鳳芝 女士

協康會 區域經理

吳鳳芝女士擁有超過 30 年的復康服務工作經驗。吳女士於 1994 年獲得香港理工大學社會工作學士學位，主修家庭治療，並於 2003 年取得社會工作文學碩士學位，專注於社會服務行政。吳女士於協康會負責統籌及監督家長支援服務。吳女士亦具備多項專業資格，包括於 2023 年成為「親•子•遊」PACT®導師，以及於 2015 年成為「教得其樂」家長管教課程的導師。

Cheuk Hong WONG

Clinical Supervisor
Christian Family Service Centre

黃卓康 先生

基督教家庭服務中心 督導主任

黃卓康先生為基督教家庭服務中心欣悅坊 - 地區支援中心 (觀塘東) 督導主任、註冊社工。黃先生於本港殘疾人士復康服務範疇工作接近 10 年，服務單位包括地區支援中心、智障人士及嚴重肢體傷殘人士宿舍等。他曾負責不同類型的殘疾人士個案輔導，並督導前線社工有關個案工作和輔導手法。他熱衷於智障人士服務的工作並致力發揮他們的潛能。

Kelly CHUNG

Supervisor

Special Project & Small Group Home

The Boys' & Girls' Clubs Association of Hong Kong

鍾綺萍 女士

香港小童群益會 服務總監

鍾綺萍女士（社會工作榮譽學士、社會工作碩士、註冊社工、美國遊戲治療協會註冊遊戲治療督導）在香港小童群益會工作 25 年多，大部份時間專注兒童及家庭工作，將遊戲為本介入方法，運用在不同服務對象及服務中。至 2021 年，於觀塘及屯元天成立恩童計劃專為 0-3 歲高危家庭提供家訪及社區服務，在服務中以遊戲為本介入方法達至及早介入、建立感知親職關係及鞏固家庭網絡。

Parallel session 2

Clinical practice for carers of adults with disability and chronic conditions

Ka Ki WONG

Project Director
Hong Kong Anti-Cancer Society

黃嘉琪 女士

香港防癌會 項目總監

黃嘉琪女士現職香港防癌會「攜手同行」癌症患者支援計劃，她從事社會工作 30 多年，曾服務長者、智障人士、青少年及照顧者。她獲取社會工作學士、家庭治療碩士，並正修讀屬靈導引碩士課程。爸爸媽媽曾為癌症患者，作為照顧者的她深深明白癌症患者家庭的需要及喪親者的歷程，她願意以個人經歷、專業知識和經驗，服務癌症患者及家庭。

Lai Man WU

Service Director
Hong Kong Lutheran Social Service, LC-HKS

胡麗敏 女士

香港路德會社會服務處 服務總監

胡麗敏女士為復康服務的資深社工，擁有多年服務智障人士、肢體殘障人士與及照顧者工作經驗，亦曾任職大學社工系實習督導，帶領社工學生認識復康服務。現於香港路德會社會服務處任職復康組的服務總監，督導不同殘疾人士服務單位和推動服務發展，以及策劃機構員工培訓，關注人才培育。

Chung Man SHUM

Assistant Service Director

Hong Kong Lutheran Social Service, LC-HKS

沈仲文 先生

香港路德會社會服務處 助理服務總監

沈仲文先生現於香港路德會社會服務處任職復康組助理服務總監，致力推動殘疾人士照顧者服務之發展，和帶領復康組內工作小組舉行不同照顧者為本的精神健康活動。

Man Chi LAW

Senior Manager (Rehabilitation)

Hong Kong Society for Rehabilitation

羅敏姿 女士

香港復康會 高級經理 (復康)

羅敏姿女士為註冊社工，現時擔任香港復康會的高級經理(復康)，過去十年主力參與發展社區安寧照顧服務、以長期病患者為對象的社區復康服務，以及照顧者支援服務。

Ms Karen LUNG

Deputy Head (Community Support Service)
SAHK

龍建樺女士

香港耀能協會 副總監 (社區支援服務)

龍建樺女士過去 20 多年均從事復康的工作，對象包括智障人士、復元人士及肢體傷殘人士等。工作主要以地區支援為主，致力發展社區為本的服務。

Parallel session 3
Clinical practice for carers of older adults

Chun Miu LAI

Division Head

Yang Memorial Methodist Social Service

黎春妙 女士

循道衛理楊震社會服務處 部門主管

黎春妙女士是註冊社工，現任循道衛理楊震社會服務處長者服務部主管，專注於社區照顧服務超過十年。近年來，她引領團隊發展創新性晚期病患照顧服務，對臨終關懷項目作出重大貢獻。黎女士堅信每位長者應享有尊嚴的生活，並獲得愛與尊重。她熱衷於提供多樣化的社區照顧服務，支持長者居家生活，旨在創造更美好的生活環境，促進長者與照顧者的社區參與，讓他們能在家中舒適自主地度過晚年。

HON Mo King

Chief Officer

Aged Care and Community Health Service

Hong Kong Young Women's Christian Association

韓慕琮 女士

香港基督教女青年會 總主任（長者及社區健康服務）

韓慕琮女士投身社會服務工作超過三十年，現為香港基督教女青年會的總主任，負責督導本會位於港島東長者地區中心及深水埗長者鄰舍中心，及協調本會三間賽馬會照顧者中心。近年專注認知障礙症患者及照顧者工作，於 2018 年帶領部門工作小組進行一項《影響護老者照顧的正面元素之探索行動研究》及創作《五感寶盒®親耆有趣訓練套裝 2.0》，連續四年與本地大學合作推行實證為本的研究，推動具有照顧者減壓成效的活動。

Doris Ka Yee YEUNG

Project Manager

Evangelical Lutheran Church Social Service

楊家儀 女士

基督教香港信義會 社會服務部 計劃經理

楊家儀女士為基督教香港信義會社會服務部的社工及項目經理，負責開發與推行「生活再動（長者版）：智能健康管理應用程式」。該應用程式為全港首個專為長者設計的多功能應用程式，配備完善的支援系統，讓長者在家中便能享受到遙距康復訓練及個人化的健康生活日程等各種嶄新服務。

Parallel session 4
Clinical practice for carers of persons in recovery

Laelia Man Ting CHENG

Office-in-charge

New Life Psychiatric Rehabilitation Association

鄭敏婷 女士

新生精神康復會 單位主管

鄭敏婷女士為註冊社工，擁有社會工作學士及社會科學（行為健康）碩士，現職新生精神康復會思悅園輔助宿舍主任，並同時擔任家屬支援服務單位主管。鄭女士從事精神健康及院舍服務工作多年，一直關注精神復元人士的需要及致力協助他們融入社區，推廣社會共融，並積極參與照顧者支援工作及相關的服務發展。

Ivan Chi Wah NG

Chief Officer (Service)

The Mental Health Association of Hong Kong

伍志華 先生

香港心理衛生會 總主任(服務)

伍志華先生現職香港心理衛生會總主任（服務）。香港心理衛生會是非牟利社會服務機構，成立於1954年，致力於推廣心理健康和提供全面的社區康復服務。伍先生從事康復服務已有24年，負責管理和推動各項服務，為照顧精神復元人士、智障人士及殘疾人士提供支援和幫助。

Eunice Tsz Ying LEE

Centre-in-charge

Resource and Service Centre for Relatives of Ex-Mentally Ill People

Baptist Oi Kwan Social Service

李芷葢 女士

浸信會愛羣社會服務處 精神康復者家屬資源及服務中心 中心主任

李芷葢女士為註冊社工；從事精神復元人士照顧者服務超過十年，服務範疇包朋輩培訓及服務、家屬心理健康、社區教育、倡議工作等。近年亦有接觸不同類型的照顧者服務。

Eric Kin Kuen CHAN

Project Manager

SideBySide

陳健權先生

善導會 導航計劃—精神復元人士過渡支援服務試驗計劃 項目經理

陳健權先生從事社區精神健康服務超過 15 年，在精神健康綜合社區中心從前線實踐到督導多專業團隊。陳先生現擔任精神復元人士過渡支援服務試驗計劃項目經理，帶領社工、職業治療師、精神科護士及朋輩支援員團隊，支援面對過渡期適應的精神復元人士及其家屬。陳先生完成多項輔導訓練，包括敘事實踐、靜觀認知治療等，並曾分別撰寫了以敘事實踐及聽聲取向的文章，分享實踐經驗。